

## DEPARTMENT OF AYURVED SAMHITA AND SIDDHANT

### DEPARTMENT PROFILE:

The term Samhita in the context of Ayurved indicates the 'Classical Medical Treatises of India.' This department initiates the beginners into the scientific foundation of Ayurvedic knowledge base which is documented in Sanskrit language. For better understanding of Ayurvedic medical concepts; Sanskrit is taught as a subject. Curricular details in all subjects of UG & PG courses are ultimately derived from ancient Samhitas only. Hence it is the nodal department & is connected to all 3 main examinations of BAMS (UG) course with 5 subjects namely Sanskrit, Padarth Vigyan & Ayurved Itihas, Maulik Siddhant evum Ashtang Hridayam and Charak Samhita (in two parts).

### FACULTY PROFILE

Name	Qualification	Designation	Experience
Dr. Bhide Madhuri Prasad	M.D., Ph.D.	Professor & HoD	18 yrs
Dr. Nilakhe Savita Surendra	M.D.	Asso. Professor	14 yrs.
Dr. Kulkarni Sachin Suresh	M.D., Ph.D.	Asso. Professor	12 yrs.
Dr. Joshi Yashashree Vasant	M.D., Ph.D. M.A. M.Phil. (Sanskrit)	Assi. Professor	27 yrs.
Dr. Anserwadekar Deepa Atul	M.D.	Assi. Professor	13 yrs.
Dr. Asutkar Vasudha Gajananrao	M.D.	Assi. Professor	08 yrs.
Mrs. Manglekar Ashwini S.	M.Sc. (Statistics)	Assi. Professor	05 yrs.

### VITAL STATISTICS:

Sr. No.	Particulars	Quantity
1.	Space	213.41 sq meter
2.	Books in Departmental library	291

4.	Specimens	91
5.	Charts	135

## MUSEUM

The departmental museum is informative for U.G. students to give basic idea of the *Annadravya* and Panchakarma and allied procedures. Specimens include *Dravyas* with information of their properties as described in Samhita.

It encompasses 135 charts as per CCIM norms.

It comprises of models such as *Swedana Prakar* and of *Kutipravesnik Rasayan*, instruments of *Panchakarma*.

## DEPARTMENTAL STRENGTH:

- Out of 6, 3 faculties are Ph.D and 1 has submitted thesis and 1 has enrolled.
- Out of 6: 2 have PG qualification in Sanskrit along with PG in Ayurved
- Two MD Students of this department have achieved 'Best Thesis Award in Bharati Vidyapeeth' by IASTAM, India.
- To review the heritage of literature of Ayurved manuscripts, the department conducts regular visits to renowned institute like Bhandarkar Oriental Research Institute, Pune.
- To keep the pace with contemporary research the faculties have frequent interactions with respective authorities & experts.
- Our faculties are invited as resource persons in the discussions carried through seminars regarding commentaries on ancient Ayurved treatise.

## UNIQUE FEATURES

- The department is flourished with ancient original Sanskrit treatise and commentaries.
- This department possesses heritage of unique & rare manuscripts related to Ayurveda. There is a great Collection of Dictionaries & Triskandhakosha.
- To boost interest of students in Samhitas, department organizes activities like Shloka recitation & essay writing competition every year.

- Open Book Exam for preciseness in Samhita learning.
- In addition to a typical pattern of teaching learning students are made to ask questions / Sutras / Shlokas to each other in a competing way, in a verbal tutorial.

## ACHIEVEMENTS

- Dr. Ganashyam Dongre an alumni of this department has been awarded with Chancellor's Gold Medal of BV(DU) in its commencement year ie in 2002.
- Dr. Hemal Trivedi (2016) and Dr. Shruti Gadgil (2017) the two MD Students of this department have achieved 'Best Thesis Award in Bharati Vidyapeeth' given by BV(DU) Pune and IASTAM, India.
- We are proud of our alumni Dr. Rishabh Jain who has reached upto the post of director of a Ayurved College and hospital at Rurki, India.

## RESEARCH ACTIVITY

1. Funded Research projects : 04, Completed -02, Ongoing-02
2. Research Projects for Ph.D. : Completed: 02
3. Research Projects for Ph.D. : Ongoing – 03
4. Research Projects for M.D. : Completed - 24
5. Research Projects for M.D. : Ongoing - 04
6. Books published: 05

- **Ashtanghridaya (Sutrasthan)** in Marathi Published by Mankarnika Publication, Pune. 4 editions in 6 years.  
Authors: Vd. Dilip Gadgil, Vd. Y. V. Joshi, Vd. Sachin Kulkarni
- **Study of Kala as a Causative Factor and as Astmyaja Roga in Rutusandhi**, LAP Lambert Academic Publishing 2012-02-03, 2012.  
Authors: Vd. Sachin Kulkarni, Vd. Y. V. Joshi
- **Study of Trividha Bala W.s.r. To Yuktikrita Bala** LAP Lambert Academic Publishing 2013-04-25, 2013,  
Authors: Sawant Gayatri, Vd. Y. V. Joshi

- **Vranashopha (Inflammation) and Various Treatment Modalities In Ayurved,** LAP Lambert Academic Publishing, 2016.  
Authors: Amit Ashok Paliwal, Vasudha G. Asutkar, Sheetal G. Asutkar
- **Mind Element-TRIGUN, Personality Social Support - a curious relation** (Paperback), LAP Lambert Academic Publishing, 2017.  
Authors: Vd. Y. V. Joshi

7. Number of Publications:

Dr. Madhuri Bhide- 07  
 Dr. Savita Nilakhe - 05  
 Dr. Sachin Kulkarni -06  
 Dr. Yashashree Joshi -12  
 Dr. Deepa Anserwadekar- 08

**TESTIMONIALS:**

“It was my fortune that I could be the part of such a department. The subject is core Ayurveda and my best Samhita study was done here. All the teachers were very helpful and knowledgeable. They always supported me in every huddle during my PG study. I am very thankful to the Department of Samhita and Siddhant of BVDUCOA for what I am now.”

**Dr. Hemal Abhishek Bhatt**

PG alumni Ayurveda Samhita and siddhant  
 Assistant Professor in Department of Samhita and Siddhant  
 in Shree Swaminarayan Ayurvedic College kalol Gujarat

“I consider myself very lucky to have an opportunity to train myself in Samhita and Siddhant under highly qualified, knowledgeable and yet humble teachers in this department. I will rate Five out of Five stars to this department each one for the Teaching Staff, Library, Digital resources, Electronic other facilities and most important - Passion to teach.”

**Vd. Chinmay Pradeep Phadke.**

BAMS, MD (Samhita and Siddhant)  
 Currently Ayurved Practitioner as  
 Consultant – Rashtriya Shikshan Mandal’s Late. K.N. Bhide Ayurved Samstha.  
 Bajirao Road, Pune. and Registrar - Punarvasu Chikitsalaya, Pune

**PHOTO GALLERY:**



Reading 'in between lines' of commentaries of Ayurveda



Demonstration of Models



Students studying at Dravya-Sangrahalaya in Department



Handling of rare manuscripts of Ayurved at Department.





Observations of Tulasi Saplings – Minor Project (2016)



Participation of Teaching staff in Interactive workshop at Pune University organized by Dept. of AYUSH





Visit of PG students to Bhandarkar Oriental Research Institute, Pune.



Handling the manuscripts in the visit to Bhandarkar Oriental Research Institute, Pune.

Resource person for Bhashyakar Seminar at Pune



Paper presentation at International conference, Ayurgenica -2018 at Bangkok, Thailand (May-2018)

Dr. Hemal Trivedi achieved 'Best Thesis Award in BharatiVidyapeeth' given by BV(DU) and IASTAM, India (2017)



Indo –Korean Research Internship of Korean Student (2016)