M.D./M.S.-AYURVEDA

PRELIMINARY PAPER-I RESEARCH METHODOLOGY AND MEDICAL STATISTICS

PART-A RESEARCH METHODOLOGY

1 Introduction to Research

- A. Definition of the term research
- B. Definition of the term anusandhan
- C. Need of research in the field of Ayurveda

2 General guidelines and steps in the research process

- A. Selection of the research problem
- B. Literature review: different methods (including computer database) with their advantages and limitations
- C. Defining research problem and formulation of hypothesis
- D. Defining general and specific objectives
- E. Research design: observational and interventional, descriptive and analytical, preclinical and clinical, qualitative and quantitative
- F. Sample design
- G. Collection of the data
- H. Analysis of data.
- I. Generalization and interpretation, evaluation and assessment of hypothesis.
- J. Ethical aspects related to human and animal experimentation.
- K. Information about Institutional Ethics

Committee (IEC) and Animal Ethics

Committee (AEC) and their functions.

Procedure to obtain clearance from respective committees, including fillingup of the consent forms and information sheets and publication ethics.

3 Preparation of research proposals in different disciplines for submission to funding agencies taking EMR-AYUSH scheme as a model.

4. Scientific writing and publication skills.

- a. Familiarization with publication guidelines- Journal specific and CONSORT guidelines.
- b. Different types of referencing and bibliography.
- c. Thesis/Dissertation: contents and structure
- d. Research articles structuring: Introduction, Methods, Results and Discussions (IMRAD)

5 Classical Methods of Research. Tadvidya sambhasha, vadmarga and tantrayukti Concept of Pratyakshadi Pramana Pariksha, their types and application for Research in Ayurveda.

Dravya-, Guna-, Karma-Parikshana Paddhati Aushadhi-yog Parikshana Paddhati Swastha, Atura Pariksha Paddhati Dashvidha Parikshya Bhava Tadvidya sambhasha, vadmarga and tantrayukti

6 Comparison between methods of research in Ayurveda (Pratigya, Hetu, Udaharana, Upanaya, Nigaman) and contemporary methods in health sciences.

7. Different fields of Research in Ayurveda

- a. Fundamental research on concepts of Ayurveda
- b. Panchamahabhuta and tridosha.
- c. Concepts of rasa, guna, virya, vipak, prabhav and karma
- d. Concept of prakriti-saradi bhava, ojas, srotas, agni, aam and koshtha.

8. Literary Research-

Introduction to manuscriptology: Definition and scope. Collection, conservation, cataloguing.

Data mining techniques, searching methods for new literature; search of new concepts in the available literature. Methods for searching internal and external evidences about authors, concepts and development of particular body of knowledge.

9. Drug Research (Laboratory-based)- Basic knowledge of the following: Drug sources: plant, animal and mineral. Methods of drug identification. Quality control and standardization aspects: Basic knowledge of Pharmacopoeial standards and parameters as set by Ayurvedic Pharmacopoeia of India.

Information on WHO guidelines for standardization of herbal preparations. Good Manufacturing Practices (GMP) and Good Laboratory Practices (GLP).

10. Safety aspects: Protocols for assessing acute, sub-acute and chronic toxicity studies. Familiarization with AYUSH guidelines (Rule 170), CDCSO and OECD guidelines.

11. Introduction to latest Trends in Drug Discovery and Drug Development

- -Brief information on the traditional drug discovery process
- -Brief information on the latest trends in the Drug Discovery process through employment of rational approachtechniques; anti-sense approach, use of micro and macro-arrays, cell culture based assays, use of concepts of systems biology and network physiology -Brief introduction to the process of Drug development

12. Clinical research:

Introduction to Clinical Research Methodology identifying the priority areas of Ayurveda Basic knowledge of the following:Observational and Interventional studies
Descriptive & Analytical studies
Longitudinal & Cross sectional studies
Prospective & Retrospectives studies
Cohort studies

Randomized Controlled Trials (RCT) & their types

Single-case design, case control studies, ethnographic studies, black box design, cross-over design, factorial design.

Errors and bias in research.

New concepts in clinical trial- Adaptive clinical trials/ Good clinical practices (GCP) Phases of Clinical studies: 0,1,2,3, and 4.

Survey studies -

Methodology, types, utility and analysis of Qualitative Research methods. Concepts of in-depth interview and Focus Group Discussion.

- **13.** Pharmacovigilance for ASU drugs. Need, scope and aims & objectives. National Pharmacovigilance Programme for ASU drugs.
- **14.** Introduction to bioinformatics, scope of bioinformatics, role of computers in biology. Introduction to Database- Pub med, Medlar and Scopus. Accession of databases.
- **15.** Intellectual Property Rights- Different aspect and steps in patenting. Information on Traditional KnowledgeDigital Library (TKDL).

PART-B 40 marks

MEDICAL STATISTICS

Definition of Statistics : Concepts, relevance and general applications of Biostatistics in Ayurveda

Collection, classification, presentation, analysis and interpretation of data (Definition, utility andmethods)

Teaching hours: 80

- Scales of Measurements nominal, ordinal, interval and ratio scales.
 Types of variables Continuous, discrete, dependent and independent variables.
 Type of series Simple, Continuous and Discrete
- 3 **Measures of Central tendency** Mean, Median and Mode.
- 4 **Variability:** Types and measures of variability Range, Quartile deviation, Percentile, Mean deviationand Standard deviation
- 5 **Probability**: Definitions, types and laws of probability,
- 6 **Normal distribution**: Concept and Properties, Sampling distribution, Standard Error, Confidence Intervaland its application in interpretation of results and normal probability curve.

7 Fundamentals of testing of hypotheses:

Null and alternate hypotheses, type I and type 2 errors.

Tests of significance: Parametric and Non-Parametric tests, level of significance and power of the test, 'P'value and its interpretation, statistical significance and clinical significance

8 Univariate analysis of categorical data:

Confidence interval of incidence and prevalence, Odds ratio, relative risk and Risk difference, and their confidence intervals

9 **Parametric tests:**

'Z' test, Student's 't' test: paired and unpaired, 'F' test, Analysis of variance(ANOVA) test, repeated measures analysis of variance

10 Non parametric methods:

Chi-square test, Fisher's exact test, McNemar's test, Wilcoxon test, Mann-Whitney U test, Kruskall – Wallis with relevant post hoc tests (Dunn)

11 Correlation and regression analysis:

Concept, properties, computation and applications of correlation, Simple linear correlation, KarlPearson's correlation co-efficient, Spearman's rank correlation.

Regression- simple and multiple.

12 Sampling and Sample size computation for Ayurvedic research:

Population and sample. Advantages of sampling, Random (Probability) and non random (Non- probability) sampling. Merits of random sampling. Random sampling methods- simple random, stratified, systematic, cluster and multiphase sampling. Concept, logic and requirement of sample size computation, computation of sample size for comparing two means, two proportions, estimating meanand proportions.

13 Vital statistics and Demography:

computation and applications - Rate, Ratio, Proportion, Mortality and fertility rates, Attack rate and hospital-related statistics

14 Familiarization with the use of Statistical software like SPSS/Graph Pad

PRACTICAL

100 marks

I. RESEARCH METHODOLOGY Teaching hours 120

PRACTICAL NAME

1 Pharmaceutical Chemistry

Familiarization and demonstration of common lab instruments for carrying out analysis as per API

2 Awareness of Chromatographic Techniques

Demonstration or Video clips of following:

- Thin-layer chromatography (TLC).
- Column chromatography (CC).
- Flash chromatography (FC)
- High-performance thin-layer chromatography (HPTLC)
- High Performance (Pressure) Liquid Chromatography (HPLC)
- Gas Chromatography (GC, GLC)

4 Pharmacognosy

Familiarization and Demonstration of different techniques related to:-Drug administration techniques- oral and parenteral.

Blood collection by orbital plexuses puncturing.

Techniques of anesthesia and euthanasia.

Information about different types of laboratory animals used in experimental researchDrug identification as per API including organoleptic evaluation

5 Pharmacology and toxicology

Familiarization and demonstration of techniques related to pharmacology and toxicology

6 Biochemistry (Clinical)

Familiarization and demonstration of techniques related to basic instruments used in a clinical biochemistry laboratory – semi and fully automated clinical analyzers, electrolyte analyzer, ELISA-techniques, nephelometry.

Demonstration of blood sugar estimation, lipid profiles, kidney function test, liver function test. HbA1, cystatin and microalbumin estimation by nephelometry or other suitable techniques. Interpretation of the results obtained in the light of the data on normal values.

7 Clinical Pathology

Familiarization and demonstration of techniques related to basic and advanced instruments used in abasic clinical

pathology lab. Auto cell counter, urine analyzer, ESR, microscopic examination of urine.

8 Imaging Sciences

Familiarization and demonstration of techniques related to the imaging techniques. Video film demonstration of CT-Scan, MRI-scan and PET-scan.

9 Clinical protocol development

II. MEDICAL STATISTICS

Practical houis:20

Statistical exercise of examples from Topic number 4, 5, 8-12, 14, 15. Records to be prepared.

Distribution of marks (practical):

- 1. Instrumental spotting test– 20 marks
- 2. Clinical protocol writing exercise on a given problem— 20 marks
- 3. Records:Research methodology -10 Mark
- 4. Medical statistics -10 marks
- 5. Viva- Voce -40 Marks

REFERENCE BOOKS:-

Pharmacognosy:

- **1.** Aushotosh Kar "Pharmacognosy & Pharmacobiotechnology" New Age International Publisher. Latest Edition. New Delhi.
- **2.** Drug Survey by Mayaram Uniyal
- 3. Fahn A (1981). Plant Anatomy 3rd Edition Pergamon Press, Oxford
- **4.** Kokate, CK., Purohit, AP, Gokhale, SB (2010). Pharmacognosy. Nirali Prakashan. Pune.
- **5.** Kokate, CK., Khandelwal and Gokhale, SB (1996). Practical Pharmacognosy. Nirali Prakashan. Pune.
- **6.** Trease G E and Evans W C, Pharinacognosy, Bailliere Tindall, Eastbourne, U K.

- 7. Tyler V C., Brady, L R., and Robers J E., Pharmacognosy, Lea and Febiger, Philadelphia.
- **8.** Tyler VE Jr and Schwarting AE., Experimental Pharmacognosy, Burgess Pub. Co, Minneaplis, Minnesota.
- **9.** Wallis- TE (2011)- reprint. Practical Pharmacgonosy (Fourth Edition) Pharma Med Press, Hyderabad.
- **10.** Wallis T E, Analytical Microscopy, J & A Churchill limited, London.
- 11. Wallis T E., Text Book of Pharmacognosy, J & A Churchill Limited, London.
- **12.** WHO guidelines on good agricultural and collection practices- (GACP) for medicinal plants (2003). World Health Organization- Geneva.
- **13.** WHO monographs on selected medicinal plants (1999)—Vol. 1. 1.Plants, Medicinal 2.Herbs 3.Traditional medicine. ISBN 92 4 154517 8. WHO Geneva.

Pharmaceutical chemistry, quality control and drug standardization:

- 1. Ayurvedic Pharmacopoeia of India. Part I- volume 1 to 8 and Part II- volume 1 to 3. Ministry of Health and Family Welfare. Controller of Publication. Govt of India. New Delhi.
- **2.** Brain, KR and Turner, TD. (1975). The Practical Evaluation Phytopharmaceuticals. Wright Scienctechnica, Bristol.
- **3.** Galen Wood Ewing (1985). Instrumental Methods of Chemical Analysis. McGraw-Hill College; Fifth edition
- **4.** Harborne, JB (1973). Phytochemistry Methods. Chapman and Hall, International Edition, London.
- **5.** HPTLC- Fingerprint atlas of Ayurvedic Single Plant Drugs mentioned in Ayurvedic Pharmacopoeia Vol- III and IV. CENTRAL COUNCIL FOR RESEARCH IN AYURVEDA AND SIDDHA. New Delhi.
- **6.** Kapoor, RC (2010). Some observations on the metal based preparations in Indian System of Medicine. Indian Journal of Traditional Knwoledge. 9(3): 562-575
- 7. Khopkar, S. M. Analytical Chemistry, New Age International Publishers, 3 rd edition
- **8.** Laboratory Guide for- The Analysis of Ayurved and Siddha Formulations CCRAS, New Delhi.
- **9.** Mahadik KR, Bothara K G. Principles of Chromatography by, 1st edition, Nirali Prakashan.
- **10.** Qadry JS and Qadry S Z., Text book of Inorganic Pharmaceutical and Medicinal Chemistry, B. S.Shah Prakashan, Ahmedabad.
- 11. Quality Control Methods for Medicinal Plant Material. Reprint (2002). WHO- Geneva.
- 12. Rangari V.D., Pharmacognosy & Phytochemistry, Vol I, II, Career Publication,
- 13. Sharma BK. Instrumental Methods of Chemical Analysis by, Goel Publishing House.
- **14.** Srivastav VK and Shrivastav KK. Introduction to Chromatography (Theory and Practice)
- 15. Stahl E., Thin Layer Chromatography A Laboratory Handbook, Springer Verlag, Berlin.
- **16.** Sukhdev Swami Handa, Suman Preet Singh Khanuja, Gennaro Longo and Dev Dutt Rakesh (2008). Extraction Technologies for Medicinal and Aromatic Plants -INTERNATIONAL CENTRE FOR SCIENCE AND HIGH TECHNOLOGY- Trieste,

Biochemistry and Laboratory techniques:

- 1. Asokan P. (2003) Analytical Biochemistry, China publications,
- 2. Campbell, P.N and A.D. Smith, Biochemistry Illustrated, 4th ed, Churchill Livingstone.
- 3. David Frifelder. W. H. Freeman. (1982). Physical Biochemistry by; 2 edition

- **4.** David Sultan (2003). Text book of Radiology and Imaging, Vol-1, 7th Edition.
- 5. Deb, A.C., Fundamentals of Biochemistry, Books and Allied (P) Ltd, 2002.
- **6.** Harold Varley. Practical Clinical Bio-chemistry
- **7.** Kanai L.Mukherjee. Clinical Pathology:,Medical Laboratory Technology Vol. I.Tata McGrawHill1996, New Delhi.
- 8. GradWohl, Clinical Laboratory-methods and diagnosis, Vol-I
- **9.** Clinical Biochemistry -Sabitri Sanyal, Clinical Pathology, B.I.Churchill Livingstone (P) Ltd, NewDelhi.2000.
- 10. Satyanarayanan, U. Essentials of Biochemistry, Books and allied(P) Ltd.2002
- 11. Zubay, G.L. Biochemistry, W.M.C. Brown Publishers, New York 1998.
- 12. Text book of Radiology and Imaging, Vol-1, David Sultan, 7th Edition. 2003.

Research methodology:

- 1. Alley, Michael. The craft of scientific writing. Englewood Cliffs. N.N. Prentice 1987.
- 2. Ayurvediya Anusandhan Paddhati P.V. Sharma
- **3.** Altick and Fensternmaker. (2007). *The Art of Literary Research*. 4th ed. W. W. Norton. Castle, Gregory. *Blackwell Guide to Literary Theory*. Blackwells,
- **4.** Bowling, A. (2002). Research Methods in Health (2nd ed). Buckingham: Open University Press.
- **5.** Day R.A. How to write a scientific paper. Cambridge University Press.
- **6.** Cooray P.G. Guide to scientific and technical writing.
- **7.** Deepika Chawla and Neena Sondhi. (2011). Research Methods- Concepts and cases. New Delhi: Vikas Publishing House.
- **8.** Greenhalgh, T. (2006) How to Read a Paper: The Basics of Evidence-Based Medicine. (3rd ed)Blackwell
- **9.** Kothari- CR (2004). Research Methodology- Methods and Techniques (Second Revised Edition). New Age International Publishers- New Delhi.
- **10.** Kumar, R. 2005. *Research Methodology: a Step-by-Step Guide for Beginners, 2nd ed.* ThousandOaks, CA, London: Sage Publications.
- **11.** Petter Laake, Haakon Breien Benestad and Bjørn Reino Olsen. (2007). Research Methodology in the Medical and Biological sciences. Academic Press is an imprint of Elsevier, 84 Theobald's Road, London WC1X 8RR, UK. ISBN: 978-0-12-373874-5
- 12. Relevant portions of Ayurvedic Samhitas and other texts

Drug research and development:

- **1.** RICK NG, (2009). DRUGS- from discovery to approval. John Wiley & Sons, Inc., Hoboken, NewJersey
- 2. Research guidelines for evaluating the safety and efficacy of herbal medicines. (1993). . WHO- (Regional Office for the Western Pacific Manila) ISBN 92 9061 110 3 (NLM Classification: WB925).
- **3.** Jagdeesh, Sreekant Murthy, Gupta, YK and Amitabh Prakash Eds. Biomedical Research (FromIdeation to Publication) (2010). Wolters Kluwer/Lippincott Williams and Wilkins.
- **4.** WHO Guidelines on Safety Monitoring of herbal medicines in pharmacovigilance systems. (2004).WHO- Geneva. ISBN 92 4 1592214.
- **5.** Natural products isolation. (2006) 2nd ed. / edited by Satyajit D. Sarker, Zahid Latif, Alexander I.Gray. (Methods in biotechnology; 20). Includes bibliographical references and

- index. Humana Press Inc. ISBN 1-58829-447-1 (acid-free paper) ISBN 1-59259-955-9 (eISBN)
- **6.** Gazette Extraordinary Part- II-Section 3 Sub section (i) December 2008. Govt of India. AYUSHGuidelines on safety studies- Rule 170 of Drugs and Cosmetics Act.
- **7.** OECD (2000) Guidance Document on Acute Oral Toxicity. Environmental Health and SafetyMonograph Series on Testing and Assessment No 24.
- **8.** OECD Guideline for the Testing of Chemicals Repeated Dose 90-day Oral Toxicity Study in Rodents, 408, 1998. http://browse.oecdbookshop.org/oecd/pdfs/free/9740801e.pdf (latest version)
- **9.** OECD Series on Principles of Good Laboratory Practice (GLP) and Compliance Monitoring,
 - 1998.<u>http://www.oecd.org/document/63/0,2340,en_2649_34381_2346175_1_1_1_1,00.p</u> hp
- **10.** ICH Harmonised Tripartite Guideline (2000). Maintenance of the ICH Guideline on Non-clinicalSafety Studies for t he conduct of Human Clinical Trials for Pharmaceuticals M3 (R1).
- 11. Ghosh M.N.: Fundamentals of Experimental Pharmacology, Scientific Book Agency.
- *12. Bombay.*\
- 13. Jaju B.P.: Pharmacological Practical Exercise Book, Jaypee Brothers, New Delhi.
- 14. Kulkarni S.K.: Hand Book of Experimental Pharmacology, Vallabh Prakashan, New Delhi
- 15. Ravindran R.: X-Pharm (Software), Indian Journal of Pharmacology, *JIPMER*, *Pondicherry*.

Biotechnology and Bio-informatics:

- **1.** Angela M. Meireles A (2009). Extracting Bioactive compounds for food products. Theory and applications. CRC- Press Taylor and Francis Group.
- 2. Bergeron BP 2002 Bioinformatics Computing 1st Edition, Prentice Hall
- **3.** Chikhale, N.J. and Virendra Gomase, Bioinformatics- Theory and Practice, Publisher: HimalayaPublication House, India; 1 edition (July, 2007) ISBN-13: 978-81-8318-831-9
- **4.** Lesk, A.M. Introduction to Bioinformatics Oxford 2002.
- 5. Satyanarayana, U.: Biotechnology, Books and Allied (P) Ltd, Kolkata, 2005
- **6.** Setubal J. C and J. Meidanis, Introduction to Computational Molecular Biology, PWS PublishingCompany, 1997.
- 7. http://www.iitb.ac.in/~crnts.
- **8.** http://www.zygogen.com.
- **9.** http://www.dsir.nic.in/reports/tifp/database/metallo.pdf.
- 10. www.consort-statement.org
- 11. www.strobe-statement.org
- 12. www.icmr.nic.in

Clinical Evaluation:

- **1.** CDSCO, Good Clinical Practices For Clinical Research in India, Schedule Y (Amended Version –2005), http://cdsco.nic.in/html/GCP1.php
- **2.** Ethical Guidelines for Biomedical Research on Human subjects. (2000). Indian Council of Medical Research New Delhi.
- 3. Gallo P., Chuang-Stein C., Dragalin V., Gaydos B., Krams M., Pinheiro J.Adaptive Designs

- in Clinical Drug Development—An Executive Summary of the PhRMA Working Group. *Journal of Biopharmaceutical Statistics*. 16: 275–283; 2006
- **4.** Good Clinical Practices- (2001). Guidelines for Clinical Trial on Pharmaceutical Products in India. Central Drugs Standard Control Organization. Directorate General of Health Services. New Delhi.(http://WWW.cdsco.nic.in.ich.org)
- **5.** Gupta, SK Ed. Basic Principles of Clinical Research and Methodology (2007). Jaypee Brothers-new Delhi
- **6.** ICH Harmonised Tripartite Guidelines for Good Clinical Practices.(1997)- Quintles-Published byBrookwood Medical Publications. Richmond, Surrey. United Kingdom.
- **7.** NCI. *Clinical Trials Education Series*. http://www.cancer.gov/clinicaltrials/learning/clinical-trials-education-series, 2001.
- **8.** Petter Laake, Haakon Breien Benestad and Bjørn Reino Olsen. (2007). Research Methodology in the Medical and Biological sciences. Academic Press is an imprint of Elsevier, 84 Theobald's Road, London WC1X 8RR, UK. ISBN: 978-0-12-373874-5
- **9.** William C. Scheffer Introduction to Clinical Researchs

Medical Statistics:

- **1.** Armitage, P. and Berry, G. (1994) Statistical Methods in Medical Research (3rd ed). BlackwellScience.
- **2.** Armitage P, Berry G, Matthews JNS: *Statistical Methods in Medical Research*. Fourth edition.Oxford, Blackwell Science Ltd; 2002
- **3.** Bland, M. (2000) An Introduction to Medical Statistics (3rd ed). Oxford: Oxford University Press.
- **4.** Bradford Hill Basic Medical Statistics
- **5.** Cambell, M.J. and Machin, D. (1993) Medical Statistics: A Common Sense Approach (2nd ed). Chester: Wiley.
- **6.** Dwivedi S. N., Sundaram K. R and V. Sreenivas (2009). Medical Statistics Principles & Methods-BI Publications Pvt. Ltd., New Delhi –1.
- 7. Gupta S.P. Fundamentals of statistics, Sultan Chand. Delhi.
- 8. Indrayan. (2008). Basic Methods of Medical Research. AITBS Publishers- India
- **9.** Mahajan B K, Methods in Bio statistics for medical students, 5th Ed. New Delhi, Jaypee BrothersMedical Publishers
- **10.** Mehdi, B and Prakash A. (2010). Biostatistics in Pharmacology. Practical Manual in experimental and clinical pharmacology. 1st Edition. New-Delhi: Jaypee brothers Medical Publishers
- **11.** Rao, NSN and Murthy, NS. (2008) 2nd Edition. Applied statistics in health sciences. Jaypee Brothers Medical Publishers (P) Ltd. Bengaluru, New Delhi.
- **12.** Rick J Turner and Todd A Durham (2008). Introduction to Statistics in Pharmaceutical Clinical trails. Published by the Pharmaceutical Press- An imprint of RPS Publishing,1 Lambeth High Street, London SE1 7JN, UK
- **13.** Symalan, K. (2006). Statistics in Medicine (First Edition) Trivandrum: Global Education Bureau.
- 14. Sundar Rao, Jesudian Richard An Introduction to Biostatistics.
- 15. Suhas Kumar Shetty- Medical statistics made easy

M.D.-AYURVEDA PRELIMINARY DRAVYAGUNA VIGYAN(Materia Medica & Pharmacology) PAPER-II

Theory 100 Marks

PART-A 50 marks

- 1. Panchamahabhuta siddhanta, Samanya Vishesha siddhanta, Tridosha siddhanta. Extensive study on classifications of Dravya as described in Brihattrayi.
- 2. Applied aspects of Rasa, Guna, Virya, Vipaka and Prabhava
- 3. Applied aspects of Aushdha karma with reference to Sharngadhara and Bhavaprakasha
- 4. Importance of Namarupa vigyan and concept of basonyms and synonyms of Dravyas
- 5. Applied knowledge of Bhaishajya Prayoga (marga, kalpana, matra, anupana, sevan, kala etc.)

PART-B 50 marks

- 6. Basic principles of Desha pravichara, Dravya sangrahana (collection), Samrakshana (preservation)
- 7. Evolution of Dravyaguna vigyan with special emphasis on Nighantus
- 8. Prashasta bheshaj lakshana
- 9. Profound knowledge on applied aspects of Agrya aushadha
- 10. Methodology of studying controversial, pratinidhi (substitute), apamishrana (adulterant) and unidentified dravya
- 11. Pharmacognosy and its relevance in Dravyaguna vigyan
- 12. An integrated study of Charakokta Bheshaj pariksha and scientific method of drug evaluation with special reference to quality, safety and efficacy
- 13. Brief knowledge and importance of clinical pharmacology
- 14. General principles of various good cultivation practices, collection practices, storage practices and manufacturing practices
- 15. Pharmacovigilance and ADR issues
- 16. Knowledge on the Ayurvedic Pharmacopoeia of India, The Formulary of India and international pharmacopoeias

PRACTICAL 100 marks

Contents:

- 1. Field visits for the Identification of important classical medicinal plants (Minimum two visits to neighboring forest areas)
- 2. Macroscopic and microscopic identification of minimum two plants of each of prayojyanga (useful parts of plants)
- 3. Preliminary study of pharmacoepial standards (API) of minimum 5 plants
- 4. Minimum two experiments on Animals

Distribution of marks (Practical)

- 1. Herbarium sheets -10 Marks
- 2. Practical of macroscopic and microscopic identification of prayojyanga (one part of the plant)-30 Marks
- 3. Practical record book of pharamcopoeial standards and animal experimentations -10 Marks
- 4. Spotting -30 Marks5. Viva-voce -20 Marks

REFERENCE BOOKS:

- 1 Abhinav Buti Darpan (Vol.1-2)- Vd. Roop Lal Vaishya
- 2 Aushadna Vigyna Shastra Acharya Pt. Vishvanatha Dwidevi
- 3 Ayurvediya Aushadnkarma vigyana -Acharya V.J. Thakur
- 4 Bedi Vanaspati Kosha- Prof. Ramesh Bedi
- 5 Bhaishajyaguna Vigyana Dr. Alakhnarayan Singh
- 6 Bhav Prakash Nigantu (English) Shreekanthamurti
- 7 Bhav Prakash Nighantu -With Vd. Krishna Chandra Chunekar commentary
- 8 Bhrinad dravyagunadarsha Mahendra Kumar Shastri
- 9 Classical Uses of Medicinal Plants Acharya Priyavrata Sharma
- 10 Controversial Medicinal Plants Vd. G. Bapa Lal
- Dalhana Ka Dravyaguna Shastra Ke Kshetra Me Yogadana -Vd. Shiv Kumar Vyas
- 12 Dravyaguna Kosha Acharya Priyavrata Sharma
- 13 Dravyaguna Sutram Acharya Priyavrata Sharma
- 14 Dravyaguna Vigyana Dr. Gyanendra Pandey
- 15 Dravyaguna Vigyana(Vol. 1-2) -Acharya Yadavji Tikram Ji
- 16 Dravyaguna Vijyana Dr. V.M. Gogate
- 17 Dravyaguna Vigyana (Vol. 1-5) Acharya Priyavrata Sharma
- 18 Dravyaguna Shastrum- Vaidya G.A. Phadake
- 19 Dravyaguna Vijyana Dr. A.P. Deshpande
- 20 Dravyagunavijnana basic Principles Prof.D.S.Lucas
- 21 Forgotten Healers (Indian Medicinal Plants) Dr. Prakash Pranjape
- 22 Glossry of Vegetable Drugs in Bhrittrayis -Thakur Balwant Singh & Vd. Krishna Chandra Chunekar
- 23 Introduction to Dravyaguna Acharya Priyavrata Sharma
- 24 Kriyatamka Aushadi Parichaya Acharya Pt. Vishvanath Dwidevi
- 25 Materia Medica Acharya Ghosh
- 26 Nighantu Adarsh (Vol. 1-2) Vd. Bapa Lal
- 27 Pharmacological basis of Medical Practice Goodman & Gillman
- 28 Pharmacology and Pharmacotherapeutics Satoskar Bhandarkar & Ainapure
- 29 Prayogatamaka Dravyaguna Vigyana- Dr. Maya Ram Uniyal
- 30 Priya nighantu Acharya Priyavrata Sharma
- 31 Raspanchaka/Dravyaguna Siddhanta Prof. Shivcharan Dhyani
- 32 System of Plant Nomenclature in Ayurveda Dr. Gyanendra Panday

BVDU Faculty of Ayurved_PG _Dravyaguna

33	Text Book of Pharmaconogy -	Trees & Valis
34	Textbook of Dravyaguna -	Dr.K.Nishteswar
35	Unani Dravyaguna Vigyana -	Hakim Daljeet Singh
36	Useful parts of Charaka, Sushurut, and Vagbhata	
37	Uttarakand Ki Vanaspatiya -	Dr. Gyanendra Pandey
38	Vanoaushadi Darshika -	Thakur Balwant Singh
39	Vanoaushadi Nidarshika -	Dr. Ram Sushil Singh
40	Vedic Vanaspatiyan - Dr. Di	nesh Chandra Sharma
41	Pharmacopia of India –all the volum	es
42	Database on medicinal plants all the	volums of CCRAS
43	Aurveda formulary of india – all the	volums
44	All the nighantoos	
45	Laghutrayi	

M.D.-AYURVEDA FINAL DRAVYAGUNA VIGYAN

(MateriaMedica& Pharmacology)

DRAVYAGUNA VIGYAN

PAPER-I

NamarupaVigyana

100 marks

- 1. Importance of Namagyana of Dravya, origin of Namarupagyana of Aushadhi in Veda, etymological derivation of various names and synonyms of Aushadhi.
- 2. Rupagyana in relation to Aushadhi. Sthula and Sukshma description (Macroscopic and Microscopic study) of different parts of the plant.
- 3. Synonyms of dravyas(aushadha and Ahara) mentioned in Vedic compendia, Brihatrayee, Bhavaprakasha and Rajanighantu.
- 4. Basonyms, synonyms and distinguish morphological characteristic features of medicinal plants listed in Ayurvedic Pharmacopoeia of India(API).
- 5. Knowledge of Anuktadravya (Extrapharmacopial drugs) with regards to namarupa.
- 6. Sandigdhadravya(Controversial drugs) vinischaya.
- 7. Knowledge of biodiversity, endangered medicinal species.
- 8. Knowledge of TKDL, Introduction to relevant portions of Drugs and cosmetic act, Magic remedies Act, Intellectual Property Right (IPR) and Regulations pertaining to Import and Export of Ayurvedic drugs.
- 09. Knowledge of tissue culture techniques
- 10. Knowledge of Genetically Modified Plants

PAPER-II

Guna Karma Vigyan

100 marks

- 1. Fundamental principles of drug action in Ayurveda and conventional medicine.
- 2. Detailed study of rasa-guna- virya- vipaka-prabhava and karma with their applied aspects and commentators (Chakrapanidatta, Dalhana, Arunadatta, Hemadri and Indu) views on them.
- 3. Comprehensive study of karma as defined in Brihatrayee&Laghutrayee

- 4. Detailed study of Guna and Karma of dravyas listed in API and BhavaprakashaNighantu along with current research review.
- 5. Detailed study of aharadravya/ aharavargaascribed inBrihatrayee and various nighantus along with Kritannavarga.
- 6. Pharmacologycal principles and knowledge on drugs acting on various systems.
- 7. Basic knowledge on experimental pharmacology for the evaluation of analgesic, anti pyretic, anti inflammatory, anti diabetic, anti hypertensive, hypo lipidemic, anti ulcer, cardio protective, hepatoprotective, diuretics, adaptogens, CNS activites.
- 8. Knowledge on Heavy metal analysis, pesticidal residue and aflatoxins
- 9. Knowledge on evaluation of anti microbial and antimycotic activities.

PAPER - III

Prayogavigyana

Marks 100

- 1. BhaishjyaPrayogSiddhant [Principles of drug administration] BhaishajyaMarga (routes of drug administration), VividhaKalpana (Dosage forms), Principles of Yoga Vijnan(compounding), Matra (Dosage), Anupana (Vehicle), Aushadhagrahankal (Time of drug administration), Sevankalavadhi (duration of drug administration), Pathyapathya (Dos'/Donts'/Contraindications), complete Prescription writing (SamagraVyavasthapatraka).
- 2. Samyoga- ViruddhSidhanta and its importance
- 3. Amayikaprayoga (therapeutic uses) of important plants ascribed in as well as Brihattrayee, Chakradutta, Yoga ratnakara and Bhavaprakasha.
- 4. Knowledge of Pharmaco-vigilance in Ayurveda and conventional system of medicine.
- 5. Knowledge of clinical pharmacology and clinical drug research as per GCP guide lines.
- 6. lKnowledge of Pharmacogenomics

PAPER- IV 100 marks

- 1. Etymology of nighantu, their relevance, utility and salient features.
- 2. Chronological history of the following Nighantus with their authors name, period and content- Paryayaratnamala, Dhanvantarinighantu, Hridayadipikanighantu, Ashtanganighantu, Rajanighantu, Siddhamantranighantu, Bhavaprakashanighantu, Madanpalanighantu, Rajavallabhanighantu, MadhavaDravyaguna, Kaiyadevanighantu, Shodhalanighantu, Saligramnighantu, Nighanturatnakara, Nighantuadharsha and Priyanighantu
- 3. Detailed study Aushadhakalpana mentioned in Sharangadharasamhita and Ayurvedic Formulary of India (AFI).

- 4. General awareness on poshakaahara(Nutraceuticals), Varnya(cosmoceuticals), food addictives, Excipients etc.
- 5. Knowledge of plant extracts, colors, flavors and preservatives.
- 6. Review of important modern works on classical medicinal plants published by Govt of India, department of AYUSH and ICMR.

Syllabus of the Practical training of part two M.D. (Ayu) - Dravyaguna

Practical:-

Study tours:

Field identification of medicinal plants through at least three local Dravyaguna study tours within the state and one study tour out of state. Preparation of minimum 50 herbarium sheets, along with raw drug either from field, of plants be collected during study tours.

1. Evaluation of Crude drugs:

Macro and microscopic methods of examining five drugs of each of different useful parts of plants, including their powders.

2. Phytochemical evaluation of raw material:

Quantitative standards like foreign matter, extractive (water and alcohol), ash value, acid insoluble ash and TLC separation of various parts of minimum two plants of Ayurvedic Pharmacopoeia of India.

3. Yoga vijnana:

Preparation of two yoga of each kalpana of Ayurvedic Formulary of India:

4.	Pharmacology:
	Rasa nirdharana by Taste Threshold method of minimum one drug for each of rasas.
☐ for pos	Observation of animal experimentation models (both in vitro and in vivo)- 05 models ssible rasadigunas.
5.	Clinical

☐ Regular clinical training in the hospital for submission of Single AushadhiPrayoga (Single drug trial/ Clinico-pharmacological studies.)

☐ Survey for Amayikaprayoga of aushadhi(Pharmaco epidemiology) for studying their role in clinical practice in contemporary period -observational study-minimum.

6. Dissertation

A Dissertation, as per the approval of Departmental Research Committee/Competent Committee for the purpose, be prepared under the guidance of approved supervisor

inDravyaguna and submitted 6 months before the final examination. The approval of Dissertation shall be essential before appearing the final examinations.

7. Method of practical training – Posting for minimum one month in each of the following units -

Quality control laboratory of nearest pharmacy/institution for crude drug identification, adulterants and substitutes & understanding standardization techniques.

☐ Experimental pharmacology laboratory for developing skills in animal experimentation

☐ Regular clinical training in the Teaching hospital for studying EkalaAushadhiPrayoga& Adverse drug reactions(ADR).

- 8. Post Graduate Scholar is expected to present minimum two scientific papers in National / international seminars during the course of study
- 9. Post Graduate Scholar is expected to publish / get accepted at least one paper in indexed/ peer reviewed journal under the supervision of guide.

Pattern of Practical Examination-

Total =200 marks

-80 Marks

	V1 1 1 WV1 VIII = W1 VIII VIII VIII VIII VIII VIII VIII V	10000	_ 0 0 111001 11
1.	Herbarium	- 10	Marks
2.	Pharmacognosy practical record	- 10	Marks
3.	Pharmacology practical record	- 10	Marks
4.	Clinical records record	-10]	Marks
5. Pra	ctical examination(Identification of green and raw drugs,		
micros	scopic examination, Ekalaaushadhapariksha	- 60	Marks
6.	Thesis Presentation	- 20]	Marks

Reference books -

7.

REFERENCE BOOKS:

Viva voce

- 1 Abhinav Buti Darpan (Vol.1-2)- Vd. Roop Lal Vaishya
- 2 Aushadna Vigyna Shastra Acharya Pt. Vishvanatha Dwidevi
- 3 Ayurvediya Aushadnkarma vigyana -Acharya V.J. Thakur
- 4 Bedi Vanaspati Kosha- Prof. Ramesh Bedi
- 5 Bhaishajyaguna Vigyana Dr. Alakhnarayan Singh
- 6 Bhav Prakash Nigantu (English) Shreekanthamurti
- 7 Bhay Prakash Nighantu -With Vd. Krishna Chandra Chunekar commentary
- 8 Bhrinad dravyagunadarsha Mahendra Kumar Shastri
- 9 Classical Uses of Medicinal Plants Acharya Priyavrata Sharma

$BVDU\ Faculty\ of\ Ayurved_PG\ _Dravyaguna$

45

Laghutrayi

10	Controversial Medicinal Plants - Vd. G. Bapa Lal			
11	Dalhana Ka Dravyaguna Shastra Ke Kshetra Me Yogadana -Vd. Shiv Kumar Vyas			
12	Dravyaguna Kosha - Acharya Priyavrata Sharma			
13	Dravyaguna Sutram - Acharya Priyavrata Sharma			
14	Dravyaguna Vigyana - Dr. Gyanendra Pandey			
15	Dravyaguna Vigyana(Vol. 1-2) - Acharya Yadavji Tikram Ji			
16	Dravyaguna Vijyana - Dr. V.M. Gogate			
17	Dravyaguna Vigyana (Vol. 1-5) - Acharya Priyavrata Sharma			
18	Dravyaguna Shastrum- Vaidya G.A. Phadake			
19	Dravyaguna Vijyana - Dr. A.P. Deshpande			
20	Dravyagunavijnana basic Principles - Prof.D.S.Lucas			
21	Forgotten Healers (Indian Medicinal Plants) - Dr. Prakash Pranjape			
22	Glossry of Vegetable Drugs in Bhrittrayis -Thakur Balwant Singh & Vd. Krishna			
Chandra Chunekar				
23	Introduction to Dravyaguna - Acharya Priyavrata Sharma			
24	Kriyatamka Aushadi Parichaya - Acharya Pt. Vishvanath Dwidevi			
25	Materia Medica - Acharya Ghosh			
26	Nighantu Adarsh (Vol. 1-2) - Vd. Bapa Lal			
27	Pharmacological basis of Medical Practice - Goodman & Gillman			
28	Pharmacology and Pharmacotherapeutics - Satoskar Bhandarkar & Ainapure			
29	Prayogatamaka Dravyaguna Vigyana- Dr. Maya Ram Uniyal			
30	Priya nighantu - Acharya Priyavrata Sharma			
31	Raspanchaka/Dravyaguna Siddhanta - Prof. Shivcharan Dhyani			
32	System of Plant Nomenclature in Ayurveda - Dr. Gyanendra Panday			
33	Text Book of Pharmaconogy - Trees & Valis			
34	Textbook of Dravyaguna - Dr.K.Nishteswar			
35	Unani Dravyaguna Vigyana - Hakim Daljeet Singh			
36	Useful parts of Charaka, Sushurut, and Vagbhata			
37	Uttarakand Ki Vanaspatiya - Dr. Gyanendra Pandey			
38	Vanoaushadi Darshika - Thakur Balwant Singh			
39	Vanoaushadi Nidarshika - Dr. Ram Sushil Singh			
40	Vedic Vanaspatiyan - Dr. Dinesh Chandra Sharma			
41	Pharmacopia of India –all the volumes			
42	Database on medicinal plants all the volums of CCRAS			
43	Aurveda formulary of india – all the volums			
44				
77	All the nighantoos			