# **M.D.-AYURVEDA**

#### PRELIMINARY PAPER-I RESEARCH METHODOLOGY AND MEDICAL STATISTICS

#### PART-A RESEARCH METHODOLOGY

#### 1 Introduction to Research

- A. Definition of the term research
- B. Definition of the term anusandhan
- C. Need of research in the field of Ayurveda

#### 2 General guidelines and steps in the research process

- A. Selection of the research problem
- B. Literature review: different methods (including computer database) with their advantages and limitations
- C. Defining research problem and formulation of hypothesis
- D. Defining general and specific objectives
- E. Research design: observational and interventional, descriptive and analytical, preclinical andclinical, qualitative and quantitative
- F. Sample design
- G. Collection of the data
- H. Analysis of data.
- I. Generalization and interpretation, evaluation and assessment of hypothesis.
- J. Ethical aspects related to human and animal experimentation.
- K. Information about Institutional Ethics Committee (IEC) and Animal Ethics Committee (AEC) and their functions.
  Procedure to obtain clearance from respective committees, including fillingup of the consent forms and information sheets and publication ethics.

#### 3 Preparation of research proposals in different disciplines for submission to funding agencies taking EMR-AYUSH scheme as a model.

#### 4. Scientific writing and publication skills.

- a. Familiarization with publication guidelines- Journal specific and CONSORT guidelines.
- b. Different types of referencing and bibliography.
- c. Thesis/Dissertation: contents and structure
- d. Research articles structuring: Introduction, Methods, Results and Discussions (IMRAD)
- 5 **Classical Methods of Research.Tadvidya sambhasha, vadmarga and tantrayukti** Concept of Pratyakshadi Pramana Pariksha, their types and application for Research in Ayurveda.

Dravya-, Guna-, Karma-Parikshana Paddhati Aushadhi-yog Parikshana Paddhati Swastha, Atura Pariksha Paddhati Dashvidha Parikshya Bhava Tadvidya sambhasha, vadmarga and tantrayukti

6 Comparison between methods of research in Ayurveda (Pratigya, Hetu, Udaharana, Upanaya, Nigaman) and contemporary methods in health sciences.

### 7. Different fields of Research in Ayurveda

- a. Fundamental research on concepts of Ayurveda
- b. Panchamahabhuta and tridosha.
- c. Concepts of rasa, guna, virya, vipak, prabhav and karma
- d. Concept of prakriti-saradi bhava, ojas, srotas, agni, aam and koshtha.

### 8. Literary Research-

Introduction to manuscriptology: Definition and scope. Collection, conservation, cataloguing.

Data mining techniques, searching methods for new literature; search of new concepts in the available literature. Methods for searching internal and external evidences about authors, concepts and development of particular body of knowledge.

**9. Drug Research (Laboratory-based)-** Basic knowledge of the following: **Drug sources:** plant, animal and mineral. Methods of drug identification. **Quality control and standardization aspects:** Basic knowledge of Pharmacopoeial standards and parameters set by Ayurvedic

Pharmacopoeia of India.

Information on WHO guidelines for standardization of herbal preparations. Good Manufacturing Practices(GMP) and Good Laboratory Practices (GLP).

**10. Safety aspects:** Protocols for assessing acute, sub-acute and chronic toxicity studies. Familiarization withAYUSH guidelines (Rule 170), CDCSO and OECD guidelines.

### 11. Introduction to latest Trends in Drug Discovery and Drug Development

-Brief information on the traditional drug discovery process -Brief information on the latest trends in the Drug Discovery process through employment of rational approachtechniques; anti-sense approach, use of micro and macro-arrays, cell culture based assays, use of concepts of systems biology and network physiology -Brief introduction to the process of Drug development

#### **12.Clinical research:**

Introduction to Clinical Research Methodology identifying the priority areas of Ayurveda Basic knowledge of the following:-Observational and Interventional studies Descriptive & Analytical studies Longitudinal & Cross sectional studies Prospective & Retrospectives studies Cohort studies

Randomized Controlled Trials (RCT) & their types Single-case design, case control studies, ethnographic studies, black box design, cross-over design, factorial design. Errors and bias in research. New concepts in clinical trial- Adaptive clinical trials/ Good clinical practices (GCP) Phases of Clinical studies: 0,1,2,3, and 4. **Survey studies -**Methodology, types, utility and analysis of Qualitative Research methods. Concepts of in-depth interview andFocus Group Discussion.

- **13.** Pharmacovigilance for ASU drugs. Need, scope and aims & objectives. National PharmacovigilanceProgramme for ASU drugs.
- **14.** Introduction to bioinformatics, scope of bioinformatics, role of computers in biology. Introduction to Database- Pub med, Medlar and Scopus. Accession of databases.
- **15.** Intellectual Property Rights- Different aspect and steps in patenting. Information on Traditional KnowledgeDigital Library (TKDL).

### PART-B

40 marks

MEDICAL STATISTICS

**Teaching hours: 80** 

1 **Definition of Statistics :** Concepts, relevance and general applications of Biostatistics in Ayurveda

Collection, classification, presentation, analysis and interpretation of data (Definition, utility and methods)

2 Scales of Measurements - nominal, ordinal, interval and ratio scales. Types of variables – Continuous, discrete, dependent and independent variables. Type of series – Simple, Continuous and Discrete

- 3 Measures of Central tendency Mean, Median and Mode.
- 4 **Variability:** Types and measures of variability Range, Quartile deviation, Percentile, Mean deviationand Standard deviation
- 5 **Probability**: Definitions, types and laws of probability,
- 6 **Normal distribution**: Concept and Properties, Sampling distribution, Standard Error, Confidence Intervaland its application in interpretation of results and normal probability curve.
- 7 Fundamentals of testing of hypotheses:

Null and alternate hypotheses, type I and type 2 errors.

Tests of significance: Parametric and Non-Parametric tests, level of significance and power of the test, 'P'value and its interpretation, statistical significance and clinical significance

8 Univariate analysis of categorical data:

Confidence interval of incidence and prevalence, Odds ratio, relative risk and Risk difference, and their confidence intervals

## 9 Parametric tests:

'Z' test, Student's 't' test: paired and unpaired, 'F' test, Analysis of variance(ANOVA) test, repeated measures analysis of variance

### 10 Non parametric methods:

Chi-square test, Fisher's exact test, McNemar's test, Wilcoxon test, Mann-Whitney U test, Kruskall – Wallis with relevant post hoc tests (Dunn)

## 11 Correlation and regression analysis:

Concept, properties, computation and applications of correlation, Simple linear correlation, KarlPearson's correlation co-efficient, Spearman's rank correlation. Regression- simple and multiple.

## 12 Sampling and Sample size computation for Ayurvedic research:

Population and sample. Advantages of sampling, Random (Probability) and non random (Non- probability) sampling. Merits of random sampling. Random sampling methods- simple random, stratified, systematic, cluster and multiphase sampling. Concept, logic and requirement of sample sizecomputation, computation of sample size for comparing two means, two proportions, estimating meanand proportions.

### 13 Vital statistics and Demography:

computation and applications - Rate, Ratio, Proportion, Mortality and fertility rates, Attack rate and hospital-related statistics

14 Familiarization with the use of Statistical software like SPSS/Graph Pad

# PRACTICAL

100 marks

### I. RESEARCH METHODOLOGY Teaching hours 120

### PRACTICAL NAME

### Pharmaceutical Chemistry

Familiarization and demonstration of common lab instruments for carrying out analysis as per API

# 2 Awareness of Chromatographic Techniques

Demonstration or Video clips of following:

1

- Thin-layer chromatography (TLC).
- Column chromatography (CC).
- Flash chromatography (FC)
- High-performance thin-layer chromatography (HPTLC)
- High Performance (Pressure) Liquid Chromatography (HPLC)
- Gas Chromatography (GC, GLC)

### 4 Pharmacognosy

Familiarization and Demonstration of different techniques related to:-Drug administration techniques- oral and parenteral.

Blood collection by orbital plexuses puncturing.

Techniques of anesthesia and euthanasia.

Information about different types of laboratory animals used in experimental researchDrug identification as per API including organoleptic evaluation

# Pharmacology and toxicology

Familiarization and demonstration of techniques related to pharmacology and toxicology

# 6 Biochemistry (Clinical)

Familiarization and demonstration of techniques related to basic instruments used in a clinical biochemistry laboratory – semi and fully automated clinical analyzers, electrolyte analyzer, ELISA-techniques, nephelometry.

Demonstration of blood sugar estimation, lipid profiles, kidney function test, liver function test. HbA1, cystatin and microalbumin estimation by nephelometry or other suitable techniques. Interpretation of the results obtained in the light of the data on normal values.

# 7 Clinical Pathology

Familiarization and demonstration of techniques related to basic and advanced instruments used in abasic clinical

pathology lab. Auto cell counter, urine analyzer, ESR, microscopic examination of urine.

# 8 Imaging Sciences

Familiarization and demonstration of techniques related to the imaging techniques.Video film demonstration of CT-Scan, MRI-scan and PET-scan.

# 9 Clinical protocol development

# **II. MEDICAL STATISTICS**

### Practical houís:20

Statistical exercise of examples from Topic number 4, 5, 8-12, 14, 15. Records to be prepared.

### **Distribution of marks (practical):**

- 1. Instrumental spotting test– 20 marks
- 2. Clinical protocol writing exercise on a given problem– 20 marks
- 3. Records:Research methodology -10 Mark
- 4. Medical statistics -10 marks
- 5. Viva- Voce -40 Marks

# **REFERENCE BOOKS:-**

# Pharmacognosy:

- **1.** Aushotosh Kar "Pharmacognosy & Pharmacobiotechnology" New Age International Publisher. Latest Edition. New Delhi.
- 2. Drug Survey by Mayaram Uniyal
- 3. Fahn A (1981). Plant Anatomy 3rd Edition Pergamon Press, Oxford
- 4. Kokate, CK., Purohit, AP, Gokhale, SB (2010). Pharmacognosy. Nirali Prakashan. Pune.
- **5.** Kokate, CK., Khandelwal and Gokhale, SB (1996). Practical Pharmacognosy. Nirali Prakashan. Pune.
- 6. Trease G E and Evans W C, Pharinacognosy, Bailliere Tindall, Eastbourne, U K.

- 7. Tyler V C., Brady, L R., and Robers J E., Pharmacognosy, Lea and Febiger, Philadelphia.
- **8.** Tyler VE Jr and Schwarting AE., Experimental Pharmacognosy, Burgess Pub. Co, Minneaplis, Minnesota.
- **9.** Wallis- TE (2011)- reprint. Practical Pharmacgonosy (Fourth Edition) Pharma Med Press, Hyderabad.
- 10. Wallis T E, Analytical Microscopy, J & A Churchill limited, London.
- 11. Wallis T E., Text Book of Pharmacognosy, J & A Churchill Limited, London.
- **12.** WHO guidelines on good agricultural and collection practices- (GACP) for medicinalplants (2003).World Health Organization- Geneva.
- **13.** WHO monographs on selected medicinal plants (1999)—Vol. 1. 1.Plants, Medicinal 2.Herbs 3.Traditional medicine. ISBN 92 4 154517 8. WHO Geneva.

## Pharmaceutical chemistry, quality control and drug standardization:

- **1.** Ayurvedic Pharmacopoeia of India. Part I- volume 1 to 8 and Part II- volume 1 to 3. Ministry ofHealth and Family Welfare. Controller of Publication. Govt of India. New Delhi.
- **2.** Brain, KR and Turner, TD. (1975). The Practical Evaluation Phytopharmaceuticals. Wright Scienctechnica, Bristol.
- **3.** Galen Wood Ewing (1985). Instrumental Methods of Chemical Analysis. McGraw-Hill College ;Fifth edition
- **4.** Harborne, JB (1973). Phytochemistry Methods. Chapman and Hall, International Edition, London.
- 5. HPTLC- Fingerprint atlas of Ayurvedic Single Plant Drugs mentioned in Ayurvedic Pharmacopoeia Vol- III and IV. CENTRAL COUNCIL FOR RESEARCH IN AYURVEDA AND SIDDHA. New Delhi.
- **6.** Kapoor, RC (2010). Some observations on the metal based preparations in Indian System of Medicine. Indian Journal of Traditional Knwoledge. 9(3): 562-575
- 7. Khopkar, S. M. Analytical Chemistry, New Age International Publishers, 3 rd edition
- **8.** Laboratory Guide for- The Analysis of Ayurved and Siddha Formulations CCRAS, New Delhi.
- **9.** Mahadik KR, Bothara K G. Principles of Chromatography by, 1st edition, Nirali Prakashan.
- **10.** Qadry JS and Qadry S Z., Text book of Inorganic Pharmaceutical and Medicinal Chemistry, B. S.Shah Prakashan, Ahmedabad.
- 11. Quality Control Methods for Medicinal Plant Material. Reprint (2002). WHO- Geneva.
- 12. Rangari V.D., Pharmacognosy & Phytochemistry, Vol I, II, Career Publication,
- 13. Sharma BK. Instrumental Methods of Chemical Analysis by, Goel Publishing House.
- 14. Srivastav VK and Shrivastav KK. Introduction to Chromatography (Theory and Practice)
- 15. Stahl E., Thin Layer Chromatography A Laboratory Handbook, Springer Verlag, Berlin.
- **16.** Sukhdev Swami Handa, Suman Preet Singh Khanuja, Gennaro Longo and Dev Dutt Rakesh (2008).Extraction Technologies for Medicinal and Aromatic Plants -INTERNATIONAL CENTRE FOR SCIENCE AND HIGH TECHNOLOGY- Trieste,

# **Biochemistry and Laboratory techniques:**

- 1. Asokan P. (2003) Analytical Biochemistry, China publications,
- 2. Campbell, P.N and A.D .Smith, Biochemistry Illustrated, 4th ed, Churchill Livingstone.
- 3. David Frifelder. W. H. Freeman. (1982). Physical Biochemistry by; 2 edition

- 4. David Sultan (2003). Text book of Radiology and Imaging, Vol-1, 7th Edition.
- 5. Deb, A.C., Fundamentals of Biochemistry, Books and Allied (P) Ltd, 2002.
- 6. Harold Varley. Practical Clinical Bio-chemistry
- 7. Kanai L.Mukherjee. Clinical Pathology:,Medical Laboratory Technology Vol. I.Tata McGrawHill1996, New Delhi.
- 8. GradWohl, Clinical Laboratory-methods and diagnosis, Vol-I
- **9.** Clinical Biochemistry -Sabitri Sanyal, Clinical Pathology, B.I.Churchill Livingstone (P) Ltd, NewDelhi.2000.
- 10. Satyanarayanan, U. Essentials of Biochemistry, Books and allied(P) Ltd.2002
- 11. Zubay, G.L. Biochemistry, W.M.C. Brown Publishers, New York 1998.
- 12. Text book of Radiology and Imaging, Vol-1, David Sultan, 7th Edition. 2003.

## **Research methodology:**

- 1. Alley, Michael. The craft of scientific writing. Englewood Cliffs. N.N. Prentice 1987.
- 2. Ayurvediya Anusandhan Paddhati P.V. Sharma
- **3.** Altick and Fensternmaker. (2007).*The Art of Literary Research*. 4th ed. W. W. Norton. Castle, Gregory. *Blackwell Guide to Literary Theory*. Blackwells,
- **4.** Bowling, A. (2002). Research Methods in Health (2nd ed). Buckingham: Open University Press.
- 5. Day R.A. How to write a scientific paper. Cambridge University Press.
- 6. Cooray P.G. Guide to scientific and technical writing.
- 7. Deepika Chawla and Neena Sondhi. (2011). Research Methods- Concepts and cases. New Delhi: Vikas Publishing House.
- **8.** Greenhalgh, T. (2006) How to Read a Paper: The Basics of Evidence-Based Medicine. (3rd ed)Blackwell
- **9.** Kothari- CR (2004). Research Methodology- Methods and Techniques (Second Revised Edition). New Age International Publishers- New Delhi.
- **10.** Kumar, R. 2005. *Research Methodology: a Step-by-Step Guide for Beginners, 2nd ed.* ThousandOaks, CA, London: Sage Publications.
- 11. Petter Laake, Haakon Breien Benestad and Bjørn Reino Olsen. (2007). Research Methodology in the Medical and Biological sciences. Academic Press is an imprint of Elsevier, 84 Theobald's Road, London WC1X 8RR, UK. ISBN: 978-0-12-373874-5
- 12. Relevant portions of Ayurvedic Samhitas and other texts

# Drug research and development:

- **1.** RICK NG, (2009). DRUGS- from discovery to approval. John Wiley & Sons, Inc., Hoboken, NewJersey
- Research guidelines for evaluating the safety and efficacy of herbal medicines. (1993). . WHO- (Regional Office for the Western Pacific – Manila) ISBN 92 9061 110 3 (NLM Classification: WB925).
- **3.** Jagdeesh, Sreekant Murthy, Gupta, YK and Amitabh Prakash Eds. Biomedical Research (FromIdeation to Publication) (2010). Wolters Kluwer/Lippincott Williams and Wilkins.
- **4.** WHO Guidelines on Safety Monitoring of herbal medicines in pharmacovigilance systems. (2004).WHO- Geneva. ISBN 92 4 1592214.
- **5.** Natural products isolation. (2006) 2nd ed. / edited by Satyajit D. Sarker, Zahid Latif, Alexander I.Gray. (Methods in biotechnology; 20). Includes bibliographical references and

index. Humana Press Inc. ISBN 1-58829-447-1 (acid-free paper) – ISBN 1-59259-955-9 (eISBN)

- **6.** Gazette Extraordinary Part- II-Section 3 Sub section (i) December 2008. Govt of India. AYUSHGuidelines on safety studies- Rule 170 of Drugs and Cosmetics Act.
- **7.** OECD (2000) Guidance Document on Acute Oral Toxicity. Environmental Health and SafetyMonograph Series on Testing and Assessment No 24.
- 8. OECD Guideline for the Testing of Chemicals Repeated Dose 90-day Oral Toxicity Study in Rodents, 408, 1998.<u>http://browse.oecdbookshop.org/oecd/pdfs/free/9740801e.pdf</u>(latest version)
- **9.** OECD Series on Principles of Good Laboratory Practice (GLP) and Compliance Monitoring,

1998.<u>http://www.oecd.org/document/63/0,2340,en\_2649\_34381\_2346175\_1\_1\_1\_1,00.p</u>

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- *12. Bombay*.\
- 13. Jaju B.P.: Pharmacological Practical Exercise Book, Jaypee Brothers, New Delhi.
- 14. Kulkarni S.K.: Hand Book of Experimental Pharmacology, Vallabh Prakashan, New Delhi
- 15. Ravindran R.: X-Pharm (Software), Indian Journal of Pharmacology, *JIPMER*, *Pondicherry*.

# **Biotechnology and Bio-informatics:**

- **1.** Angela M. Meireles A (2009). Extracting Bioactive compounds for food products. Theory and applications. CRC- Press Taylor and Francis Group.
- 2. Bergeron BP 2002 Bioinformatics Computing 1st Edition, Prentice Hall
- **3.** Chikhale, N.J. and Virendra Gomase, Bioinformatics- Theory and Practice, Publisher: HimalayaPublication House, India; 1 edition (July, 2007) ISBN-13: 978-81-8318-831-9
- 4. Lesk, A.M. Introduction to Bioinformatics Oxford 2002.
- 5. Satyanarayana, U.: Biotechnology, Books and Allied (P) Ltd, Kolkata, 2005
- **6.** Setubal J. C and J. Meidanis, Introduction to Computational Molecular Biology, PWS PublishingCompany, 1997.
- 7. <u>http://www.iitb.ac.in/~crnts</u>.
- 8. <u>http://www.</u>zygogen.com.
- 9. <u>http://www.dsir.nic.in/reports/tifp/database/metallo.pdf</u>.
- 10. www.consort-statement.org
- **11.** www.strobe-statement.org
- 12. www.icmr.nic.in

# **Clinical Evaluation:**

- 1. CDSCO, Good Clinical Practices For Clinical Research in India, Schedule Y (Amended Version –2005),<u>http://cdsco.nic.in/html/GCP1.php</u>
- **2.** Ethical Guidelines for Biomedical Research on Human subjects. (2000). Indian Council of MedicalResearch- New Delhi.
- 3. Gallo P., Chuang-Stein C., Dragalin V., Gaydos B., Krams M., Pinheiro J.Adaptive Designs

in Clinical Drug Development—An Executive Summary of the PhRMA Working Group. *Journal ofBiopharmaceutical Statistics.* 16: 275–283; 2006

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- **5.** Gupta, SK Ed. Basic Principles of Clinical Research and Methodology (2007). Jaypee Brothers-new Delhi
- **6.** ICH Harmonised Tripartite Guidelines for Good Clinical Practices.(1997)- Quintles-Published byBrookwood Medical Publications. Richmond, Surrey. United Kingdom.
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- 9. William C. Scheffer Introduction to Clinical Researchs

## **Medical Statistics:**

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- **2.** Armitage P, Berry G, Matthews JNS: *Statistical Methods in Medical Research*. Fourth edition.Oxford, Blackwell Science Ltd; 2002
- **3.** Bland, M. (2000) An Introduction to Medical Statistics (3rd ed). Oxford: Oxford University Press.
- 4. Bradford Hill Basic Medical Statistics
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- **6.** Dwivedi S. N., Sundaram K. R and V. Sreenivas (2009). Medical Statistics Principles & Methods-BI Publications Pvt. Ltd., New Delhi –1.
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- 8. Indrayan. (2008). Basic Methods of Medical Research. AITBS Publishers- India
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- **10.** Mehdi, B and Prakash A. (2010). Biostatistics in Pharmacology. Practical Manual in experimental and clinical pharmacology. 1st Edition. New-Delhi: Jaypee brothers Medical Publishers
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- **13.** Symalan, K. (2006). Statistics in Medicine (First Edition) Trivandrum: Global Education Bureau.
- 14. Sundar Rao, Jesudian Richard An Introduction to Biostatistics.
- 15. Suhas Kumar Shetty- Medical statistics made easy

# M.D.-AYURVEDA PRELIMINARY AGADTANTRA AVUM VIDHI VAIDYAKA (Toxicology & Forensic Medicine) PAPER-II

### **Theory 100 marks**

# PART-A 50 marks

1. Introduction to Agadatantra, its sequential development, traditional and contemporary toxicology.

2. Examination of poisons as per contemporary and Ayurvedic methods.

3. Ancient and contemporary classification of Visha.

4. Knowledge about Sthavara visha, Jangama visha and Kritrima visha, their clinical and pathological manifestations and management.

5. Garavisha and Dushi visha, signs, symptoms and management with contemporary relevance.

6. Vishajanya Janapadodhvamsaniya Roga (community health problems due to poisons) - environmental pollution, water pollution, soil pollution, air pollution etc, their features and management according to ancient and contemporary concepts.

7. Concept of Viruddhahara with contemporary views.

8. Definition of Vyavahara Ayurveda.

9. Fundamentals of Vyavahara Ayurveda. Courts of law in India and legal procedures.

10. Chathurvinshati upakrama (24 management procedures).

# PART-B 50 marks

1. Introduction to Forensic medicine.

2. Techniques of pathology, pharmacology, pharmacognosy and microbiology used in toxicology.

3. Death and its medico-legal aspects (Medical Thanatology), Medico-legal autopsy, Legal procedures in clinical forensic medicine.

4. Forensic Science Laboratory:- Structure and functions

5. Introduction to Medical Jurisprudence.

6. Laws related to medical profession. Ancient practice of medical jurisprudence in india.

7. Ancient and contemporary fundamentals of medical ethics.

8. Madya visha (Alcoholism).

9. Diagnosis and Management of food poisoning.

10. General and Emergency medical management of poisoning including preparation, administration and complications of antidotes, antivenoms, antisera.

11. Management of the toxic manifestations caused by the contact poisons (paduka, vastra, abhushana, mukhalepa- vishabadha etc).

12. Diagnosis and management of dermatological manifestations of Visha.

13. Death due to poisoning, duty of physician in poisoning and cases of suspected poisoning.

14. Post mortem findings in poisoning.

## **PRACTICAL100** marks

Contents: Clinical Postings Case records – 20 cases (Postmortem/ poisoning/dermatological/medico legal cases)

### **Distribution of marks (Practical)**

- 1. Case records (20 Cases) 20 Marks
- 2. Bedside clinical case taking
- 3. Long Case 20 Marks
- 4. Short Case 10 Marks
- 5. Identification of specimens, models and equipments of jurisprudence importance. 15

#### Marks

- 6. Spotting related to Visha, Upavisha and other poisonous drugs 15 Marks
- 7. Viva-voce -20 marks

**REFERENCE BOOKS**:

- 1. Useful Portion of Charak-Sushrut-Vagbhata
- 2. Dravyaguna Vigyan Acharya Yadavji
- 3. Aushadhigunadharma Shastra- Pt Visvanath Dvivedi
- 4. Kriyatmat Aushada parichaya Vigyan Pt Visvanath Dvivedi
- 5. Ayurvedic Vyadhi Vigyan Acharya Yadavji Trikamji
- 6. Madhavanidan with Madhukosha commentary
- 7. Sharangadhara Samhita
- 8. Yogaratnakara
- 9. Aushadigunadharma Shastra PtGangadhara Shastri Gune
- 10. Rasendracintamani
- 11. Rasaratna samuchhaya
- 12. Vishavigyan Dr. Krishna Kumar
- 13. Related matter of Kautilya Artha Shastra
- 14. Harmekhlatantra
- 15. Anupana manjari
- 16. Ayurvedprakash
- 17. System of clinical Medicine Savil
- 18. Forensic Pharmacy -B.M. Mhithai
- 19. Hand book of Forensic Medicine and toxicology Dr. P.V. Chadha
- 20. Viva Forensic Medicine and toxicology L.C. Gupta
- 21. Forensic Medicine and Ethics J.P. Narena
- 22. Modi's Medical Jurispudence and Toxicology
- 23. The essentials of forensic medicine and toxicology -Dr.K.S. Narayan Reddy
- 24. Medical Laws and Ethics Dr. H.S. Mehta
- 25. M.R.K. Krishnan's Handbook of Forensic Medicine
- 26. Text book of Medical Jurisprudence and Toxicology Dr. C.K. Parikh

- 27. Atlas of Forensic Medicine Dr. Tomio Watenbe
- 28. Medico legal Post Mortems (Atlas) Dr. Parikh and Others
- 29. Textbook of Forensic Medicine and Toxicology Dr.V.V. Pillay
- 30. Textbook of Forensic Medicine and Toxicology Dr. Karmakar
- 31. Textbook of Forensic Medicine and Toxicology Dr. Singhal
- 32. Textbook of Forensic Medicine and Toxicology Dr. Krishnan Vij
- 33. Forensic Pathology Dr. Bernard Knight
- 34. Textbook of Forensic Medicine and Toxicology Lyon's
- 35. Pocket picture guide to Forensic Medicine Gower's Medical Publication
- 34. Forensic Medicine Simpson Knight
- 35. Taylor's Principles and Practical of Medical Jurisprudence J and A Churchis
- 36. Doctor and Law Singhal
- 37. Textbook of Toxicology Singhal
- 38. Medicine Harrison's Principal of Internal Medicine
- 39. Agad Tantra Dr.Shekhar Namboodri
- 1. Modern Medical Toxicology Dr. V.V.Pillay
- 2. Critical care toxicology Bruent Wallace
- 3. Diagnosis and Management of common poisoning- Agarwal wali
- 4. Colour Atlas of Forensic Medicine Govindaiah
- 5. Guidelines of poisons W.H.O.
- 6. Doctors patients relationships Dr.Lavekar
- 7. Bhavaprakasha.
- 8. Vishavaidya Jyotsnika -- English translation By VPSV Ayurveda college, Kottakkal.
- 9. Lakshnamritham.
- 10. Toxicology, Ayurvedic perspective VPSV Ayurveda college, Kottakal
- 11. Text book of Agadatantra Edited By Dr Huparikar, Dr. Joglekar
- 12. Agadatantra ki Pathyapustaka- Edited By Dr Huparikar, Dr. Joglekar
- 13. Vyavahar Ayurveda Vigyanam Dr.Indramohan Jha (Sachchan)
- 1. Forensic Medicine Dr. B. Umadathan
- 2. Visha Chikitsa- Dr. M. Balakrishnan Nair
- 3. Park Text book of Preventive and Social Medicine. K. Park
- 4. Environmental Science and Biotechnology Theory and Practice
- A.G. Murukesan &C. Rajakumari
- 5. Veterinary Toxicology Dr. Satish K. Gargi
- 6. Guide to Drinking Water Quality (3 Volumes) WHO Publication
- 7. A short Text Book of Medical Entomology H.S. Bhatti, R. Sehgal,

R.C. Mahajan.


# **M.D. AYURVED- FINAL**

# AGADA TANTRA EVUM VIDHIVAIDYAKA

### PAPER-I Agada Tantra (Ayurvedic and Contemporary Toxicology) 100 marks

1. Agada Tantra, its sequential development during Veda kala, Samhitha kala, Samgraha kala and Adhunika kala.

2. Definition of Visha, properties of visha and its comparison with madya and oja, visha samprapti, visha prabhava, visha-vega, vegantara and visha karmukata (toxicodynamic and toxicokinetic study).

3. Descriptive and comparative study of Upavisha in unison with Contemporary Toxicology.

4. Examination of poisons as per Contemporary and Ayurvedic Methods.

5. Descriptive study of sthavara visha, definition, classifications, classical signs and symptoms of poisoning including vanaspatic (phyto poison), khanija (mineral) and compound sthavara visha.

6. Study of Jangama visha and their sources (Animal poisoning and Zoonotic Diseases). Descriptive study of snakes according to ancient and contemporary knowledge. Causes of snake bite and its types. Composition of snake venom and its pharmacological actions. Signs and symptoms of envenomation and its prognostic signs. Clinical features of Vrischika (scorpion), Luta (spider), Grihagodhika (Lizard), Mushaka (rats), Alarka (dogs), Makshika and Mashaka (mosquitoes) and their pathologic manifestations including their role in the manifestation of communicable diseases.

Shanka visha and its management. Visha sankat and Visha Kanya.

7. Garavisha and Dushi visha, their varieties, signs, symptoms and management with contemporary relevance. Detailed study of Allergies including allergic manifestations in the eyes, nose, lungs and skin.

8. Detailed study of Madya visha and substances acting on the nervous system; substance abuse.( Diagnosis, Management and De-addiction)

9. Detailed study of the contemporary knowledge about vishajanya

Janpadodhvansaniya roga (community health problems due to poisons -

Environmental pollution, water pollution, soil pollution, air pollution, Industrial pollutions etc. their features and management according to ancient and recent concepts.

10. Concept of Virudha aahara, Aahara visha and Satmyasatmyata in contemporary and Ayurvedic views.

10. Conceptual study:- Drug interactions and incompatibility, Pharmacovigilance

# PAPER- II Visha Chikitsa Vigyan (Management Of Poisoning) 100 marks

1. Fundamental Principles for treatment of poisoning

2. General and specific treatment of different types of Sthavara visha.

3. General and specific treatment of different types of Jangama visha (animal poisons, insect poisons, snake bites and other zoonotic diseases).

4. Emergency medical management of poisoning including preparation, administration and complications of antivenoms/antisera.

5. Chaturvimsati upakrama (24 management procedures).

6. Management of Garavisha and Dushivisha. Treatment of Allergies including allergic manifestations in the eyes, nose, lungs and skin.

7. Diagnosis and Management of Drug Induced Toxicity

8. Management of the toxic manifestations caused by the contact poisons (paduka, vasthra, abharana, mukhalepa- vishabadha etc).

9. Management of food poisoning.

10. Death due to poisoning, Duty of physician in poisoning, in cases of suspected poisoning. Post mortem findings in poisoning.

11. Extra -corporeal techniques (dialysis etc) for removal of poisons.

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## PAPER –III Vyavahara Ayurveda Evam Vidhi Vaidyaka 100 marks

1. Definition of Vyavahara Ayurveda, its evolution in ancient and contemporary periods.

2. Personal identity and its medico-legal aspects

3. Death and its medico-legal aspects (Medical Thanatology)

4. Asphyxial deaths and its medico-legal importance.

5. Death due to starvation, heat and cold, lightening and electricity.

Suspended Animation.

6. Medico-legal autopsy.

7. Injuries due to explosions, chemical and nuclear warfare.

8. Medico-legal aspects of injuries and wounds.

9. Impotence and sterility-Its medico-legal aspects. Regulations of Artificial

Insemination. Medico –legal aspects of surrogate motherhood.

10. Sexual offences and perversions.

11. Medico-legal aspects of virginity, pregnancy, delivery, abortion, infanticide and legitimacy with related acts.

12. Indian Penal Code, Criminal procedure code and study of related acts like Indian Evidence Act, Pre Natal Diagnostic Test Act, Nursing Home Act, Human Organ Transplantation Act, Drugs and Cosmetic Act 1940, Narcotic drugs and

Psychotropic substances Act 1985, Pharmacy Act 1948, Drugs and Magical

Remedies (Objectionable Advertisements) Act 1954, Medicinal and Toilet

Preparations Act 1955 and Anatomy Act etc. Any related act enacted by the government from time to time.

13. Courts and Legal procedures.

14. Forensic Science Laboratory

15. Medico legal aspects of mental illness

16. Duties and privileges of physician.

17. Structure of Central Council of Indian Medicine, its jurisdiction and functions. Code

and Conducts as per the CCIM, Rules and Regulations there under.

18. Respective State Council of Indian Medicine, its structure, power, voluntary duties.

- 19. Doctor patient relationship.
- 20. Rights and privileges of patients; Euthanasia.
- 21. Professional secrecy and privileged communication.
- 22. Professional negligence and malpractice
- 23. Indemnity Insurance scheme.
- 24. Consumer Protection Act related to medical practice.
- 25. Ethics as in classics. Types of physicians and methods of identification,

Pranabhisara and Rogabhisara Physicians, qualities of physician, responsibilities

of Physicians, Chathurvidha vaidya vriti, duties of physicians towards patients,

Vaidya sadvritam, Apujya Vaidya who is accepting fees, relationship with females.

# PAPER – IV Aushadha Yoga Vigyan 100 marks

1. Study of process for sodhana, marana and samskarana of poisonous drugs.

- 2. Pharmaco-dynamics of different formulations used in Agadatantra
- 3. Study of pharmacology and usage of antidotes as per the Ayurvedic and contemporary science.
- 4. Fundamentals of pharmaceutics according to Ayurvedic and contemporary point of view.
- 5. Chemical, analytical, laboratory examination of poisons and suspicious substance.
- 6. Introduction of different instruments /equipments used in the examination of poisons.
- 7. Introduction to Clinical toxicology
- 8. Introduction to Experimental toxicology
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- 9. Introduction to Toxico genomics

10. Survey and study of the traditional and folklore vishachikista sampradaya.

# **Content of Practical/Demonstration**

1. Identification of specimens models and equipments of toxicological and jurisprudence importance.

- 2. Practical training in postmortem examination (10 cases)
- 3. Regular clinical postings in the Agadatantra OPD / IPD
- 4. Medico-legal cases (20 cases)

5. Chemical Identification of various acids, alkalies, alcohols – Hydrochloric acid, Nitric acid, Sulphuric acid, Ascorbic acid, Sodium Hydroxide and Potassium Hydroxide

6. Detection of minerals Copper, Mercury, Lead, Arsenic and their compounds.

7. Physical and Chemical analysis of Dattura, Karaveera, Vatsanabha, Jayapala, Arka and Bhallataka with Microscopy, powder microscopy, TLC, solvent extraction, detection of Phenol, tannins etc. (10 studies)

8. Detection of human blood, hair, semen and other biological secretions of Forensic importance.

9. Herbarium of 15 sthavara vishas and 10 agadas.

- 10.Preparation of two Agada yogas
- Clinical Postings
- 1. Modern medical hospitals 2 weeks
- (For emergency management of poisoning)
- 2. Postmortem postings 2 weeks
- 3. Court postings 1 week
- Visit to
- 1. Forensic Laboratory
- 2. Anti snake venom serum manufacturing Unit.
- Pattern of practical examination
- 1. Post mortem / Medico-legal case record and clinical record 10 Marks
- 2. Identification of specimens models and
- equipments of jurisprudence importance. 20 Marks
- 3. Spotting related to Visha, Upavisha and others poisonous drugs 20 Marks
- 4. Thesis presentation 25 Marks
- 5. Viva-voce 25 Marks
- Total 100 Marks

## **Reference Books:-**

- 1. Useful Portion of Charak-Sushrut-Vagbhata
- 2. Dravyaguna Vigyan Acharya Yadavji
- 3. Aushadhigunadharma Shastra Pt Visvanath Dvivedi
- 4. Kriyatmat Aushada parichaya Vigyan Pt Visvanath Dvivedi
- 5. Ayurvedic Vyadhi Vigyan Acharya Yadavji Trikamji
- 6. Madhavanidan with Madhukosha commentary
- 7. Sharangadhara Samhita
- 8. Yogaratnakara
- 9. Aushadigunadharma Shastra -PtGangadharaShastri Gune
- 10. Rasendracintamani
- 11. Rasaratna samuchhaya
- 12. Vishavigyan Dr. Krishna Kumar
- 13. Related matter of Kautilya Artha Shastra
- 14. Harmekhlatantra
- 15. Anupana manjari
- PG Final Year Syllabus-25
- 16. Ayurvedprakash
- 17. System of clinical Medicine Savil
- 18. Forensic Pharmacy B.M. Mhithai
- 19. Hand book of Forensic Medicine and toxicology Dr. P.V. Chadha
- 20. Viva Forensic Medicine and toxicology L.C. Gupta
- 21. Forensic Medicine and Ethics J.P. Narena
- 22. Modi's Medical Jurispudence and Toxicology
- 23. The essentials of forensic medicine and toxicology Dr.K.S. Narayan Reddy
- 24. Medical Laws and Ethics Dr. H.S. Mehta
- 25. M.R.K. Krishnan's Handbook of Forensic Medicine

- 26. Text book of Medical Jurisprudence and Toxicology Dr. C.K. Parikh
- 27. Atlas of Forensic Medicine Dr. Tomio Watenbe
- 28. Medico legal Post Mortems (Atlas) Dr. Parikh and Others
- 29. Textbook of Forensic Medicine and Toxicology Dr.V.V. Pillay
- 30. Textbook of Forensic Medicine and Toxicology Dr. Karmakar
- 31. Textbook of Forensic Medicine and Toxicology Dr. Singhal
- 32. Textbook of Forensic Medicine and Toxicology Dr. Krishnan Vij
- 33. Forensic Pathology Dr. Bernard Knight
- 34. Textbook of Forensic Medicine and Toxicology Lyon's
- 35. Pocket picture guide to Forensic Medicine Gower's Medical Publication
- 36. Forensic Medicine Simpson Knight
- 37. Taylor's Principles and Practical of Medical Jurisprudence J and A Churchis
- 38. Doctor and law Singhal
- 39. Textbook of Toxicology -Singhal
- 40. Medicine Harrison's Principal of Internal Medicine
- 41. Agad Tantra Dr. Shekhar Namboodri
- 42. Modern Medical Toxicology Dr. V.V.Pillay
- 43. Critical care toxicology Bruent Wallace
- 44. Diagnosis and Management of common poisoning Agarwal wali
- 45. Colour Atlas of Forensic Medicine Govindaiah
- 46. Guidelines of poisons W.H.O.
- 47. Doctors patients relationships Dr.Lavekar
- 48.Bhavaprakasha.
- 49. Vishavaidya Jyotsnika -- English translation By VPSV Ayurveda college, Kottakkal.
- 50.Lakshnamritham.
- 51. Toxicology, Ayurvedic perspective VPSV Ayurveda college,
- Kottakkal
- 52. Text book of Agadatantra Edited By Dr Huparikar,
- Dr. Joglekar
- 53. Agadatantra ki Pathyapustaka Edited By Dr Huparikar,
- Dr. Joglekar
- 54. Vyavahar Ayurveda Vigyanam Dr. Indramohan Jha
- (Sachchan)
- 55. Forensic Medicine Dr. B. Umadathan
- 56. Visha Chikitsa Dr. M. Balakrishnan Nair
- 57.Park Text book of Preventive and Social Medicine. K. Park
- 58. Environmental Science and Biotechnology Theory and Practice A.G.
- Murukesan &C. Rajakumari
- 59. Veterinary Toxicology Dr. Satish K. Gargi
- 60. Guide to Drinking Water Quality (3 Volumes) WHO Publication
- 61.A short Text Book of Medical Entomology H.S. Bhatti, R. Sehgal,
- R.C. Mahajan.