

## **DEPARTMENT OF PRASUTI AND STRIROGA**

### **DEPARTMENTAL PROFILE:**

Prasutitantra Avum Stiroga is an important clinical department in ayurved hospital. It involves ayurvedic concepts of Prasutitantra and Stiroga as well as modern concepts of obstetrics and gynaecology. Here we deal with diseases and treatment of female reproductive system and also the management of pregnancy, labour and puerperium (after delivery management). The complete care of woman health with an integrative approach is taken.

### **FACULTY PROFILE:**

<b>Name</b>	<b>Qualification</b>	<b>Designation</b>	<b>Experience</b>
Dr. S. S. Mohite	M.D. (Ayu.)	Professor & HOD	25 yrs.
Dr. S.R. Gholap	M.D. (Ayu)	Asso. Professor	22 yrs.
Dr. N. Khairnar	M.D. (Ayu.)	Asso. Professor	12 yrs.
Dr. (Mrs.) K.P. Pawar	D.G.O. (Ayu.)	Assi. Professor	23 yrs.
Dr. M. B. Kulkarni	M.D. (Ayu.)	Assi. Professor	14 yrs.
Dr. R. N. Gajare	M.S. (Ayu.)	Assi. Professor	07 yrs.

### **MUSEUM:**

- Departmental museum possesses many unique specimens (of female genital systems in normal and abnormal forms, foetuses), charts and CDs.
- Museum showcases models depicting ayurvedic anatomy, physiology & embryology relevant to Prasuti-Stirog subject. There are real bone models of female pelvis, foetal skull, plaster of paris models of foetal growth during pregnancy, female pelvis with abdomen.

### **DEPARTMENTAL STRENGTH:**

- Qualified, enthusiastic, competent faculty capable to perform all routine gynaecological and obstetrical treatment and surgical procedures (allowed as per norms).
- Well maintained museum.

- Department has excellent clinical facilities including well equipped, spacious operation theatre, labour room, separate rooms for ayurvedic procedures and private rooms/semi-private rooms/general ward for IPD.
- On an average 75 deliveries, 50 surgical procedures & 50 ayurvedic procedures performed per month is a rich source of clinical experience for students.
- INNOVATIVE PRACTISES:
- Prof. Dr. Swati Mohite has developed her own innovative and more effective technique of “Uttar-basti” (intrauterine instillation of herbal medicines to treat various gynaecological conditions).
- Dr. Gholap Seema has contributed in the innovation of an Ayurvedic fumigation machine (DhoopanYantra) used for management of puerperium (to prevent genital infections).
- Department is successfully using the ‘Protein administration by rectal route’ in treatment of IUGR (Intra Uterine Growth Retardation) for improvement in foetal weight.

### UNIQUE FEATURES:

- UG students get ample experience to observe deliveries, operations like Caesarean section, MTP etc. They are trained clinically by observing and interacting with actual patients in the ward (IPD). They also get to observe Ayurvedic therapies like ‘Uttar-basti’ (intrauterine instillation), *Yoni-dhavana / Dhoopana* (vaginal douche/ Fumigation) etc.
- Post graduate students (MS & DGO) work round the clock in Hospital. They attend the patients, conduct deliveries and also get to perform all the clinical and surgical work under supervision of faculty.
- The clinical and academic facilities of the department are also utilized by Ph. D. scholars for their doctoral research.
- Many Clinical trials funded by Government agencies/ pharmaceutical companies are regularly conducted in department.

### ACHIEVEMENTS:

1. Prof. & Head Dr. Swati Mohite has received the prestigious, ‘**Baidyanath research award**’ and ‘**Best research paper award for 2016**’.
2. Dr. Khairnar Narendra, Asso. Professor, is a **Gold medallist** in post graduate.

3. Dr. Kulkarni Mrudula, Asst. Professor is a **Gold medallist** in post graduate.

### **RESEARCH ACTIVITY:**

- 1) Funded Research Projects : Completed-03 Ongoing:02

Funded projects – Department has successfully completed major and minor research projects funded by private pharmaceutical companies. Thrust of research in these projects were management of pregnancy anaemia (Phytopharma), management of puerperium by local treatment like “Dhoopan” fumigation using herbs (50000 by BV(DU)) and leuronil in cervicitis in collaboration with IRSHA (Baidynath ).

- 2) Research Projects for M.D./M.S. : Completed - 70

- 3) Research Projects for M.D./M.S : Ongoing - 10

- 4) Number of Publications:

- i. Dr. Swati Mohite: - 14
- ii. Dr. Seema Gholap: -06
- iii. Dr. Narendra Khairnar: - 05
- iv. Dr. Mrudula Kulkarni: -05
- v. Dr. Kumudini Pawar: - 04

### **TESTIMONIALS:**

#### **Stakeholders: -**

Bharati Ayurved hospital has a long association with Bharati hospital with special mention of dept of obs-gyn. Ayurved hospital is managing all obs-gyn patients nicely with their ayurvedic medicines. They always make it a point to have timely referral to Bharati hospital especially for critical conditions. This is the best attitude towards care of patient at its maximum.

**Dr. Panchnandikar Tushar,**  
HOD, Obs-Gyn dept Bharati Hospital, Pune

I am working in Gynaecology dept of Bharati Ayurved hospital for last 16 years as a consultant anaesthetist. Working pattern is very systematic. Dedicated teachers, disciplined staff and lot of quality work. Students get lots of clinical experience and surgical exposure. I have seen many students who passed out from here getting successful in their careers.

**Dr. Khatawkar Shashank**  
(Consultant anaesthetist)

I would like to appreciate the Prasutitantra-Streerog department for their best co-ordination, understanding within the department & developing new talented students. They are very well organized and have great enthusiasm. Their ability to work and to take initiative is much appreciated, particularly in the conduct of much needed clinical research.

**Dr. Prashant Dalvi**  
(Asso. Prof. Govt Ayurved college, Nanded)

I am most thankful to all the faculty of department. They have given us practical & theoretical knowledge regarding Gynaecology & Obstetrics. Special thanks to Dr. Khairnar & Dr. Mohite madam as they allowed us to conduct all operatives under their guidance. All guruvarya taught us counselling of patients and teaching skills. I am especially thankful to my HOD and PG guide Dr. Nangaonkar madam. Due to her blessings I am running a 100 bedded multi-specialty, Pioneer Hosptial with good performance.

**Dr. Tarachand Karale**

I have done my BAMS & MS (Streerog) at Bharati Vidyapeeth Ayurved College. Doing my graduation at this institute was a great learning experience for me. Teachers in streeroga prasuti department were very friendly, experienced and knowledgeable. Their teachings help me even today in day to day clinical practice. Those 3 years of my PG learning were turning point of my life. Thank you very much to all my teachers, you have made my life, best wishes to best department in college of Ayurved.

**Dr. Chaitanya Bhat**  
Own hospital at Yawat, Tal -Daund, Dist - Pune

I am UG and PG alumni of this institute. This institute and the department of Streeroga- Prasuti has become a part of my life since last ten years. It's because I have always dreamt of becoming a gynaecologist since I

was in first year undergraduate. I was always fascinated by the type and number of patients in this department and the working style of the faculty. When I got admission for MS, I worked very hard to fulfil my ambition only with the co-operation of my guide and HOD, Prof. Dr. Swati Mohite. She taught me research in Ayurved modalities of stree roga- Prasuti with practical application. I am also thankful to all the staff of this department to shape my carrier.

**Dr. Anamita Singh**

## **PHOTO GALLERY**

1. Hospital photos







2. Social awareness photos







### 3. Surgery photos



