DEPARTMENT OF KAYACHIKITSA

DEPARTMENTAL PROFILE:

Kayachikitsa is the foundation for core Ayurvedic treatments including both *shaman* [internal medicine] and *shodhan* [purification medicine]. The department gives comprehensive training in application of Ayurvedic principles and treatment modalities for variety of diseases; endogenous as well as exogenous in origin. Instead of managing only symptoms, our physicians aim at balancing impaired metabolism at tissue level. Special efforts are taken to train the students to diagnose and treat the contemporary and newer diseases like cancer, HIV- AIDS, Diabetes, Swine Flue etc. using Ayurvedic medicines and therapies.

FACULTY PROFILE:

Sr. No.	Name	Qualification	Designation	Experience
1.	Dr. Shinde D. L.	M.D., PhD	Professor & HoD	25 yrs.
2.	Dr. Pedhekar S. R.	M.D., PhD	Asso. Professor	25 yrs.
3.	Dr. Mahajan M. P.	M.D., PhD	Asso. Professor	16 yrs.
4.	Dr. Sawant P. S.	M.D., PhD	Asso. Professor	13 yrs.
5.	Dr. Dhurve S. A.	M.D., PhD	Assi. Professor	15 yrs.
6.	Dr. Salunkhe S. S.	M.D., PhD	Assi. Professor	15 yrs.
7.	Dr. Pawar V. B.	M.D.	Assi. Professor	03 yrs.

VITAL STATISTICS:

Sr. No.	Particulars	Quantity
1.	Space	152.67sq meter
2.	Books in Departmental library	130

4.	Specimens	10
5.	Charts	65

DEPARTMENTAL STRENGTH:

- Highly qualified and skilled enthusiastic faculty.
- The department is providing DOTS treatment under RNTCP (Revised National Tuberculosis Control Program).
- Renowned visiting specialty faculty from allied medical sciences.
- Various research works including clinical trials funded by Government agencies/ well-known pharmaceutical companies are conducted at department.
- The department is having the well-equipped ICU unit.

UNIQUE FEATURES

- Special OPD for specific diseases like skin diseases, Tuberculosis (RNTCP) & Geriatrics.
- Department acquires integrative treatment approach in treating geriatric diseases and lifestyle disorders.
- Department conducts various research projects funded by Govt. of India, State govt., non govt. organizations. Outcomes are published in reputed peer reviewed journals.
- Department conducts several outdoor & indoor medical health camps/ Health awareness programs for needy/ rural patients.

ACHIEVEMENTS:

- Our PG Alumni Dr Sridhar Chiplunkar (presently working in sports medicine) was honored by the institute for his social services in 2014.

- Our PG Alumni Dr Nitin Sharma was recently awarded '**Ayurveda Ratna Puraskar'**, in Dehradun.

RESEARCH ACTIVITY:

1) Funded Research Projects:

Sr. No.	Name of the project	Investigators	Status	Sanctioned Organization	Amount
1	Evaluation of the efficacy and safety of Cap GBS ® in patients suffering from cholelithiasis: An open clinical study	Co.I- Dr. Sunanda Pedhekar (Ghare)	Complete	Sidhhayu Ayurvedic Research Foundation , Nagapur.	100000
2	Clinical evaluation of Standardized Krishnavajrabhrak Bhasma on Tamak Shwasa	Physician – Conducted the clinical trials Dr. Madhavi Mahajan	Completed	AYUSH, Govt of India, New Delhi.2007 —	2500000
3	Clinical study to evaluate the safety and efficacy of Herbal Formulation for Obesity(HFO-O2) in overweight individuals	PI- Dr. M. P. Mahajan	Completed	Baidyanath bhavan Private Ltd.Nagpur India	77000
4	Role of Nirgundi kalpa in Mild Cognitive Impairment (MCI) w.s.r.to amnesic MCI	PI- DR.B.B.Kadlaskar	Completed	BVDU, Pune	50000

5	Evaluation of the efficacy and safety of Capsule Longvida® Optimized Curcumin in knee osteoarthritis: A randomized double-blind controlled clinical study	Co.PI-Dr. Mahajan Madhavi	Ongoing project	Pharmanza Herbals,Gujrath,India	230450
6	Evaluation of the efficacy of Pomegranate Effervescent Granules (PEG) in the management of Acid Peptic disorders: An open label multi-centric prospective clinical study	PI-Dr.M.P. Mahajan	Completed	Ministry Of Human Resource Development, Government Of India, Under 'Rashtriya Uchhatar Shiksha Abhiyan'	154980
7	Efficacy of Rasnasaptak kwatha in the management of Sandhigatavata w.s.r knee joint	Dr. S. Dhurve	Ongoing	BVDU, Pune	50000
8	Study of Mustadi Kwatha Ghana Vati in the management of sthoulya(Obesity)	PI-Dr.Pravin Sawant	Ongoing	Bharati Vidyapeeth Deemed University , Pune	50000

9	The evaluation of virechankarma and Triushnadi churna in the management of medovridhi w.s.r.to Dyslipidemia	PI-Dr.S.S.Salunkhe CoI-Kadalaskar BB	Ongoing	BU(DU),Pune	20000
10	The Study For Evaluation of Protective Potential Drug In Cardiovascular Disorders	P.I.-Dr Shinde Co.I- Dr Salunkhe S.S.	Ongoing	Goan Pharma	25000
11	The study for efficacy of 'Vangamrita yog' in the management of Diabetic Neuropathy.	P.I.-Dr.Pedhekar S.R. Co.I- Dr.Shinde D.L. Dr.Sawant P.S. Dr.Salunkhe S.S.	Ongoing	B.V.D.U. PUNE.	40000

2) Research projects for Ph.D. : Completed - 08
3) Research projects for Ph.D. : Ongoing – 02
4) Research projects for M.D. : Completed - 80
5) Research projects for M.D. : Ongoing - 15

6) Books::01 book by Dr Shinde entitled- 'Anna he Purnabrahma'

7) Number of Publications:
Dr. Shinde D. L.- 22
Dr. Pedhekar S.R. - 05
Dr. Mahajan M.P.- 15
Dr. Sawant P.S.- 11
Dr. Dhurve S. A.- 03
Dr. Salunkhe S.S.- 04
Dr. Pawar V.B.- 01

TESTIMOMNIALS:

Dept. is very good. Here highly educated, dedicated clinical teaching staff who boost interest of students in   Kayachikitsa.

Dr. Shashikant Sharma
MD (Ayu)
Associate Professor, Department Of Kayachikitsa ,Gaya Ayurved Medical College,Bihar

Dept. is very nice. Here we learn so many Ayurvedic treatment as well as allopathic treatment.

Dr. Pushkar Sham Dalal
MD (Ayu)
Ayurveda Consultant
& Director,
Parco Pharmaceuticals (GMP approved)Hemala Udyog (Hemala utane)

Dept. is very good. We learn so many procedures, observe and treat so many pt. which actually help us in our clinical practice.

Dr. Sandip Patil
MD (Ayu)
Physician and intensive care in charge at Ruby,
Ailcre YCM, Pawana, Morya, Shendey hospital
Pune ,Pimpari –Chinchwad (Maharashtra)

PHOTO GALLERY

Clinical Teaching

PG: students Discussion Hall

Procedures: Ascitis tapping

Ayurvedic add-on treatments for Cancer:

Well equipped ICU:

Medical Health camps: