

**BHARATI VIDYAPEETH (DEEMED TO BE UNIVERSITY), PUNE, INDIA**  
**COLLEGE OF AYURVED AND HOSPITAL, PUNE.**  
**Dhanakwadi, Pune- 411043.**

**DEPARTMENT OF KAYACHIKITSA 2023**

**DEPARTMENTAL PROFILE:**

Kayachikitsa is the foundation for core Ayurvedic treatments including both *shaman* [internal medicine] and *shodhan* [purification medicine]. The department gives comprehensive training in application of Ayurvedic principles and treatment modalities for variety of diseases; endogenous as well as exogenous in origin. Instead of managing only symptoms, our physicians aim at balancing impaired metabolism at tissue level. Special efforts are taken to train the students to diagnose and treat the contemporary and newer diseases like cancer, HIV- AIDS, Diabetes, Covid-19, Postcovid19, Skin diseases, etc. using Ayurvedic medicines and therapies.

**FACULTY PROFILE:**

| <b>Sr. No.</b> | <b>Name</b>       | <b>Qualification</b> | <b>Designation</b>  |
|----------------|-------------------|----------------------|---------------------|
| 1.             | Dr. Shinde D. L.  | M.D., Ph.D.          | Professor & HOD     |
| 2.             | Dr. Mahajan M. P. | M.D., Ph.D.          | Professor           |
| 3.             | Dr. Dhurve S. A.  | M.D., Ph.D.          | Asso. Professor     |
| 4.             | Dr. Pawar V. B.   | M.D. Ph.D            | Assistant Professor |
| 5.             | Dr. Jadhav A. B.  | M. D.                | Assistant Professor |
| 6.             | Dr. Satav D. G.   | M. D.                | Assistant Professor |

**DEPARTMENTAL STRENGTH:**

- Highly qualified and skilled enthusiastic faculty.
- The department is providing DOTS treatment under RNTCP (Revised National Tuberculosis Control Program).
- Renowned visiting specialty faculty from allied medical sciences.
- Various research works including clinical trials funded by Government agencies/ well-known pharmaceutical companies are conducted at department.

- The department is having the well-equipped ICU unit.
- The department runs separate Skin OPD where skin procedures are also done

## UNIQUE FEATURES

- Special OPD for specific diseases like skin diseases, Tuberculosis (RNTCP) & Geriatrics, Rural OPD at VELU.
- Department acquires integrative treatment approach in treating geriatric diseases and lifestyle disorders.
- Department conducts various research projects funded by Govt. of India, State govt., non govt. organizations. Outcomes are published in reputed peer reviewed and indexed journals.
- Department conducts several outdoor & indoor medical health camps/ Health awareness programs for needy urban/rural patients.

## ACHIEVEMENTS:

- Prof. Dr.D.L.Shinde was awarded ‘ **Vocational Excellence Award**’ by Rotary Club, Pune, Jan 20
- Our PG Alumni Dr. Sridhar Chiplunkar (presently working in sports medicine) was honored by the institute for his social services in 2014.
- Our PG Alumni Dr. Nitin Sharma was awarded ‘**Ayurveda Ratna Puraskar**’, in Dehradun.
- Application of Different Rogi Parikshan Paddhatis by Ayurvedic Practitioners in Pune City: An Observtional Study
- Has been selected for the CCRAS- Studentship Programme for Ayurveda Research Ken (SPARK) 2022-23 as per the results declared on 16<sup>th</sup> January,2023 under the guidance of Dr. Madhavi Mahajan (MD PHD KAYACHIKITSA)
- Student Dr. Aneesh Abhijit Jamdade, (4<sup>th</sup> year BAMS) Bharati Vidyapeeth Deemed To Be University, College of Ayurved, Pune

## RESEARCH ACTIVITY:

### 1) Funded Research Projects:

| Sr. No | Name of the project  | Investigators   | Status    | Sanctioned Organization               | Amount in Rs. |
|--------|--|---|-----------|---------------------------------------|---------------|
| 1      | Clinical assessment of treatment efficacy of herbal formulation in reducing hypertent in and to compare with standard medication | Dr. D.L. Shinde,(PI)<br>Dr. Madhavi Mahajan<br>Dr. Virendra Pawar<br>Dr. Sachin Lakade (Cardiologist) | Ongoing   | National Innovation Foundation, India | 8,86,769      |
| 2      | Pre-Clinical & Clinical evaluation of anti-diabetic activity of herbal leads   | PI- Dr.D.L.Shinde   | Ongoing   | National Innovation Foundation, India | 7000000       |
| 3      | Pre-Clinical & Clinical evaluation of anti-hypertensive activity of herbal leads   | PI- Dr.D.L.Shinde   | Ongoing   | National Innovation Foundation, India |               |
| 4      | Evaluation of Anti-cataract activity of NIF herbal eye drop of grassroots leads in Senile immature cataract                      | PI- Dr.D.L.Shinde   | Ongoing   | National Innovation Foundation, India |               |
| 5      | The Study For Evaluation of Protective Potential Drug In Cardiovascular Disorders  | PI-Dr Shinde<br>Co.PI- Dr Salunkhe S.S.   | Completed | Goan Phrma                            | 25000         |

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|----|--|---|-----------|--|---------|
|    |  |   |           |  |         |
| 6  | The study for efficacy of 'Vangamrita yog' in the management of Diabetic Neuropathy.                                   | PI-Dr.Pedhekar<br>S.R.<br>Co.<br>PI- Dr.Shinde D.L.<br>Dr.Sawant P.S.<br>Dr.Salunkhe S.S. | Completed | B.V.D.U.<br>PUNE                                 | 40000   |
| 7  | Evaluation of the efficacy and safety of Cap GBS® in patients suffering from cholelithiasis: An open clinical study    | Co.PI- Dr. Sunanda Pedhekar (Ghare)   | Completed | Sidhhayu Ayurvedic Research Foundation, Nagapur. | 100000  |
| 8  | Clinical evaluation of Standardized Krishnavajrabhrak Bhasma on Tamak Shwasa   | Physician –<br>Conducted the clinical trials Dr. Madhavi Mahajan                          | Completed | AYUSH, Govt of India, New Delhi.2007             | 2500000 |
| 9  | Clinical study to evaluate the safety and efficacy of Herbal Formulation for Obesity(HFO-O2) in overweight individuals | PI- Dr. M. P. Mahajan   | Completed | Baidyanath bhavan Private Ltd.Nagpur India       | 77000   |
| 10 | Role of Nirgundi kalpa in Mild Cognitive Impairment (MCI) w.s.r.to amnesic MCI   | PI- DR.B.B.Kadlaskar  | Completed | BVDU, Pune                                       | 50000   |
| 11 | Evaluation of the efficacy and safety of Capsule Longvida® Optimized Curcumin in                                       | Co.PI-Dr. Mahajan Madhavi   | Completed | Pharmanza Herbals,Gujrath,India                  | 230450  |

|    |  |   |           |   |        |
|----|--|---|-----------|---|--------|
|    | knee osteoarthritis: A randomized double-blind controlled clinical study   |   |           |   |        |
| 12 | Evaluation of the efficacy of Pomegranate Effervescent Granules (PEG) in the management of Acid Peptic disorders: An open label multi-centric prospective clinical study | PI-Dr.M.P. Mahajan                      | Completed | Ministry Of Human Resource Development, Government Of India, Under 'Rashtriya Uchhatar Shiksha Abhiyan' | 154980 |
| 13 | Efficacy of Rasnasaptak kwatha in the management of Sandhigatavata w.s.r knee joint  | Dr. S. Dhurve                           | Completed | BVDU, Pune  | 50000  |
| 14 | Study of Mustadi Kwatha Ghana Vati in the management of sthoulya(Obesity)  | PI-Dr.Pravin Sawant                     | Completed | Bharati Vidyapeeth Deemed University , Pune   | 50000  |
| 15 | The evaluation of virechankarma and Triushnadi churna in the management of medovridhi w.s.r.to Dyslipidemia  | PI-Dr.S.S.Salunkhe<br>Col-Kadalaskar BB | Completed | BU(DU),Pune   | 20000  |

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**2) Research projects for Ph.D. : Completed – 11**

**3) Research projects for Ph.D. : Ongoing – 04**

**4) Research projects for M.D. : Completed - 86**

**5) Research projects for M.D. : Ongoing - 15**

**6) Books :** 1) 01 book by Dr Shinde entitled- 'Anna he Purnabrahma'

2) 01 book by Dr. Dhurve Sanjay- ' A textbook of Kampavata (Parkinson's Disease) (Enlight Knowledge through Ayurveda and modern perspective)

**7) Patent Publication :** Dr.D.L.Shinde , 'Herbal Formulations for Diabetes Mellitus ' (The Patent Office Journal, Intellectual Property India)

Dr.Dattatreya L Shinde and Dr V Pawar- Guduchi Kwath Used in Dengue Fever official Journak of thePatent Office

Dr. Virendra Pawar Polyherbal -Composition used for treating Anal Fistula official Journak of thePatent Office

Dr. Virendra Pawar Polyherbal- Composition used for treating Piles official Journak of thePatent Office

**8) Number of Publications :**

Dr. Shinde D. L.- 46  
 Dr. Mahajan M.P.- 33  
 Dr. Dhurve S. A.- 31  
 Dr. Pawar V.B.- 22  
 Dr. Jadhav A. B.-03  
 Dr. Satav D.G. – 13

## TESTIMONIALS:

Dept. is very good. Here highly educated, dedicated clinical teaching staff who boost interest of students in Kayachikitsa.

**Dr. Shashikant Sharma**  
MD (Kayachikitsa)

Associate Professor, Department Of Kayachikitsa ,Gaya Ayurved Medical College,Bihar

Dept. is very nice. Here we learn so many Ayurvedic treatment as well as allopathic treatment.

**Dr. Pushkar Sham Dalal**  
MD (Kayachikitsa)

Ayurveda Consultant  
& Director,  
Parco Pharmaceuticals (GMP approved)Hemala Udyog (Hemala utane)

Had Good clinical Training , Hence Can Join In One Of the renowned Hospital In Pune

Dr. Ashwariya Shinde MD (Kayachikitsa) Physician at Dinanath mangeshkar hospital , Pune.

I am fortunate that I am PG Student of Bharati Vidyapeeth , College of Ayurved , Department Of Kayachikitsa,Pune, that can join Government College just after post PG completion.

Dr Ashwariya Sathe MD (Kayachikitsa) Assistant Professor At R. A. Podar College, Mumbai.

