

## **DEPARTMENT OF PANCHAKARMA**

### **DEPARTMENTAL PROFILE:**

Ayurved is known all over the world through a unique therapy technique termed as 'Panchakarma', a major part of Ayurvedic treatment. Today everyone has to face environmental pollution, side effects of hybrid grains, fast food with preservatives, fruits & vegetables grown with chemical fertilizers as unavoidable part of living. Hence regular cleansing of body systems becomes imperative for prevention as well as cure.

Panchakarma includes five distinctive therapies viz. Vaman [emesis], Virechan [purgation], Basti [enema], Nasya [nasal medication] and Raktmokshan [blood-letting]. In Panchakarma unit of hospital students get direct experience of Panchakarma procedures. The department runs UG, PG & PhD programs.

### **FACULTY PROFILE:**

<b>Name</b>	<b>Qualification</b>	<b>Designation</b>	<b>Experience</b>
Dr. S. M. Vedpathak	MD, PhD, MBA (H.R.)	Professor, Head & Vice-Principal	24 yrs.
Dr. S. E. Chavan	MD, PhD(Sch)	Asso. Prof.	15 yrs.
Dr P.A.Kadus	MD, PhD	Asso. Prof.	12 yrs.
Dr M.C. Kulkarni	MD, PhD	Asso. Prof	11 yrs.
Dr. M. S. Chavan	MD, PhD	Assi. Prof	08 yrs.
Dr S. R. Katkar	MD, PhD(Sch)	Asso. Prof	04 yrs.

### **VITAL STATISTICS:**

<b>Sr. No.</b>	<b>Particulars</b>	<b>Quantity</b>
1	Departmental space	116.33 sq. mt
2	Charts	54
3	Models	08
4	Books in Departmental Library	102
5	Panchakarma Instruments in OPD	18
6	Panchakarma Instruments in IPD	466
7	Physiotherapy Instruments in IPD	19
8	CD	10
9	DVD -Panchakarma procedures published by department of Panchakarma BV(DU)COA Pune.	1

### **UNIQUE FEATURES:**

- The department is the pioneer to start post-graduation in Panchakarma in 2004 and our alumni are spread throughout India.
- Our treatment center provides its services to the OPD patients 12 hours i.e. 8 am-8pm considering the work schedule of the patients.
- Students get hands on experience under supervision of senior faculty.
- Scholarly activities like Samhita vachan and Shlok recitation improve understanding of the subject.
- Well-equipped physiotherapy center provide additional help for rehabilitation of patients.

### **ACHIEVEMENTS:**

- Prof. S.M. Vedpathak elected **Vice President of NAPAR** (National Academy of Panchakarma Research) in 2013-14
- Dr. Priya Kadus received **'Ayurveda Scholar'** award in 1<sup>st</sup> ICAAM held on 5-7<sup>th</sup> January 2017 Pune Organized by ISTAM-India and BV(DU)College of Ayurved.
- Dr. Santosh Chavan was invited by University of Central Florida College of Medicine, Orlando U.S. as Ayurveda Research speaker during 15-23<sup>rd</sup> October 2015.

### RESEARCH ACTIVITY:

1) Funded research project

- Preclinical and clinical validation of NIF Herbal grassroots leads

Sanctioned by DST, Amount 70,00000/-

P.I- Prof. Surendra M Vedpathak , Status-Ongoing

Break up as follows:

No.	Title of the Project	Funding Agency	Project Grant (INR)	Investigators	Status Completed/ Ongoing
	Study of Anti-Diabetic activity of herbal medicine	National Innovation Foundation (NIF), Ahemdabad, an autonomous body of DST, Govt. of India, New Delhi.	23,24,311=00	P/I-Dr. Surendra Vedpathak, Co/I-Dr. Vijaya Pandit, Co/I-Dr. D. L. Shinde.	Ongoing, 2017
	Study of Anti-Hypertensive activity of herbal medicine	National Innovation Foundation (NIF), Ahemdabad, an autonomous body of DST,	28,78,878=00	P/I-Dr. Surendra Vedpathak, Co/I-Dr. Vijaya	Ongoing, 2017

		Govt. of India, New Delhi.		Pandit, Co/I-Dr. D. L. Shinde.	
	Study of Anti- Cataract activity of herbal medicine in Senile Immature Cataract	National Innovation Foundation (NIF), Ahemdabad, an autonomous body of DST, Govt. of India, New Delhi.	18,53,508 =00	P/I- Dr.Sure ndra Vedpath ak, Co/I-Dr. Vijaya Pandit, Co/I-Dr. D. B.Kada m	Ongoing, 2017
			Total Rs. 70,56,697 =00		
4	Comparative study of Abhayanga, Avagaha Sweda with internal medicine in Eka Kushtha ( Psoriasis)	Bharati Vidyapeeth University	50,000/-	PI- Prof. S.M.Ved pathak	Omlpleted
5	Clinical evaluation of Omega-3 fortified Chinchadi Tail in Amavata(Rheumatoid Arthritis)	Bharati Vidyapeeth University	30,000/-	P.I- Prof. Surendr a M Vedpath ak ,	ongoing
6	Study of Holistic health effects of Nasya Karma	Bharati Vidyapeeth University	15000/-	Dr. S. E.Chava n	ongoing

7	The effect of Jaloukavacharana on Shwitra (leucoderma)	Bharati Vidyapeeth University	15,000/	Dr Priya Kadus	Ongoing
8	The effects of Satavha and Saindhav as prakshepa dravya on retention period of matra basti in dhatukshyatmaka Jnausandhigata Vata	Bharati Vidyapeeth University	25000/-	Dr. Manjusha Chavhan	Ongoing
9	A Clinical study of changes occurred in haematological investigations before and after Virechan karma	Bharati Vidyapeeth University	Dr. Minaj C Kulkarni	25000/-	Ongoing

- 2) Research Project for Ph.D. : Completed – 04
- 3) Research Project for Ph.D Ongoing-02
- 4) Research Project for MD Completed-33
- 5) Research Project for M.D.Ongoing-08
- 6) Books: 01 By Prof Dr Surendra Vedpathak titled ‘Ayurved Anusandhan Anupan’
- 7) Number of Publications:
  - Dr. Surendra Vedpathak- 23
  - Dr. Priyadarshani Kadus- 24
  - Dr. Majula Chanvhan-04

Dr. Santosh Chavhan-09  
Dr. Minaj Kulkarni-04

### **MUSEUM:**

Departmental museum displays various instruments, models and charts. Many Models of Swedan Prakara (e.g. Kuti Sweda, Holak Sweda.), Shirodhara, Abhyangam are available in museum. Shodhan dravya like Vamak Dravya ex. Madan phal , Jeemutak, Ingredients of Vamanopag Kashay like Yashtimadhu Coarse powder , Virechan and Basti Dravya also displayed. Instrument like Basti Netra, Putak, Pradhama Nasya Yantra, Gokarna. Rakta moksha Yantra like Shringa and Alabu Yantra are also displayed. .

### **DEPARTMENTAL STRENGTH:**

- Faculty members are well experienced and highly qualified and all have completed their Doctorate (PhD) in Panchakarma.
- Executive Panchakarma center serve foreign/VIP patients and train western doctors.
- Abundant number of all Panchakarma procedures facilitates development of clinical skills in students.

### **TESTIMONIALS:**

Feedback of PG alumni Dr. Amit Mukhrjee (Asst Prof. Bhopal, MP)

## Feedback

- 1.) Name:- Dr. Amit Mukherjee.
- 2.) Passing Year:- M.D. Passing Year 2013.
- 3.) Designation with address of Institution:-  
Assistant Professor in Panchkarma Department  
in Rani Dullaiya Smriti Ayurved P.G. Mahavidyalaya  
evam Chikitsalaya, Barkhedi-Kalan, Bhopal, M.P.
- 4.) Feedback of Department of Panchkarma BVDU,  
College of Ayurved:-
  - (a) Regarding OPD & IPD Experience -  
Helped me a lot to learn unique  
Ayurvedic Terminological Style to make a Good  
Ayurved Prescription and gave me confidence to  
treat Patients with all Clinical Panchkarma Knowledge.
  - (b) Regarding training given for performing procedures of  
Panchkarma individually:- I learned all Practical  
Panchkarma Procedures during my houseman-  
ship duty which taught by my Great faculty.
  - (c) Regarding Teaching Faculty:- All were awesome,  
with full of knowledge and were always  
ready to teach, to discuss about our doubts.
- 5.) Skill Development:-
  - (a) Presentations in Conferences/Workshops/Seminars.  
Gave me a lot confidence to perform  
PPT's on any type of presentation in any Seminar  
and gave an identity in Ayurveda World.

P.T.O.

- (b) Scientific Paper Writing in National/International Journals:- I have published more than 6 Research Papers in Recognized Ayurveda Journals.
- (c) Research Work:- Right Now I am a Ph.D.Scholar of Panchkarma and about to complete my Ph.D. I was Co-guide of almost 12 P.G.Scholars in my College.
- (d) Description of your work how the knowledge or experience gained from Panchkarma Department is useful for your present Position/Designation/Work  
I was never interested in Clinical era but faculties of Panchkarma gave me excessive confidence which helped me to teach & Guide my U.G. & P.G. Scholars. I am continuously doing Panchkarma Practice in my college. My OPD of Panchkarma gave me a special Identity. I will be always thankful to my Respected Teachers.

9-05-2018



Dr. Amit Tolukhejkar

M.D., Ph.D. (Sch.)  
Panchkarma

Assistant Professor

Rani Dullaiya Smriti  
Ayurved Talabavidyalaya  
evam Chikitsalaya, Bankhed  
Kalas, Bhopal, M.P.

It was really very nice experience to work with all the faculties of Panchakarma department. As per current scenario I can feel that BVDU's Ayurved Hospital having nice number of patients both in OPD and IPD in compare to other institutes. Even the module set by the department for PG students [like for first year -treatment unit duty, for second year- IPD duty and for final year OPD duty ] helps gain knowledge in all aspects.

Dr. Jaydatt Vidyadharbhai Mehta



Vice Principal, Asst. Prof. Dept. of Panchakarma,  
Shree Swaminarayan Ayurvedic College, Kalol-  
Gandhinagar, Gujarat.

Excellent post graduate dept. which got good number of patients turn out in opd and adequate IPD facilities to accommodate all categories of patients. Good training obtained from both opd and Ipd in terms of developing diagnostic and management skills. Got excellent opportunity for hands on training in all panchakarma procedures. Well qualified faculties with exceptional teaching skills and dedication. During the course it was made mandatory to attend both national and international seminars which gave an opportunity for developing speaking skills. Faculties usually persuaded us to write articles in journals. As a part of MD programme research has been done on dementia and learned research protocols. Panchakarma degree from BV(DU)COA helped me in becoming the superintendent of college in the initial year of my career considering my clinical skill I developed from BV(DU)COA

Dr Shibu varghese  
2007

Professor & Hod dept of panchakarma, Hospital superintendent, Nangelil  
Ayurveda Medical college

## **PHOTO GALLERY**

Panchakarma procedures:



**Shirodhara Sarvang Snehan, Swedan**





**Patrapottali Sweda  
Allied Karma**











EXECUTIVE PANCHAKARMA CENTER

# BHARATI VIDYAPEETH DEEMED UNIVERSITY AYURVED HOSPITAL



## EXECUTIVE PANCHAKARMA CENTRE







## **Residencial facility with staff**









## Shirodhara Demonstration - American Team







**Training Consultancy German Doctors Team  
Theme: Skeleto Muscular Disorder**



