

## DEPARTMENT OF SAMHITA SIDDHANTA & SANSKRIT

### DEPARTMENT PROFILE:

The term Samhita in the context of Ayurved indicates the 'Classical Medical Treatises of India.' This department initiates the beginners into the scientific foundation of Ayurvedic knowledge base which is documented in Sanskrit language. For better understanding of Ayurvedic medical concepts; Sanskrit is taught as a subject. Curricular details in all subjects of UG & PG courses are ultimately derived from ancient Samhitas only. Hence it is the nodal department & is connected to all 3 main examinations of BAMS (UG) course with 5 subjects namely Sanskrit Evam Ayurved Itihas(Sanskrit & History of Ayurved), Padarth Vigyan(Fundamental Principles of Ayurved & Quantum Physics), Samhita Adhyayan 1, Samhita Adhyayan 2 and Samhita Adhyayan 3.

### FACULTY PROFILE



Name	Qualification	Designation
Dr. Bhide Madhuri Prasad	B.A.M.S., M.D., Ph.D.	Professor & HOD
Dr. Nilakhe Savita Surendra	B.A.M.S., M.D., M. A. (San.)	Asso. Professor
Dr. Kulkarni Sachin Suresh	B.A.M.S., M.D., Ph.D.	Asso. Professor
Dr. Anserwadekar Deepa Atul	B.A.M.S., M.D.	Assi. Professor
Dr. Asutkar Vasudha Gajananrao	B.A.M.S., M.D., PhD	Assi. Professor
Dr Sadhale Pravin Vedika	B.A.M.S., M.D., M.A. PhD(Sch.)	Assi. Professor



**MUSEUM**



The departmental museum is informative for U.G.students to give basic idea such as *Annadravya*, Panchakarma and allied procedures. Specimens include *Dravyas* with information of their properties as described in Samhita.

It encompasses 135 charts as per CCIM norms.

It comprises of models such as Types of *Swedana*, *Kutipravesnik Rasayan*, instruments of *Panchakarma* etc.

### DEPARTMENTAL STRENGTH:

- Out of 6, 3 faculties are Ph.D
- Out of 6: 2 have PG qualification in Sanskrit along with PG in Ayurved
- Two MD Students of this department have achieved 'Best Thesis Award in Bharati Vidyapeeth' by IASTAM, India.
- To review the heritage of literature of Ayurved manuscripts, the department conducts regular visits to renowned institutes like Bhandarkar Oriental Research Institute, Naturopathy institute etc.
- To keep the pace with contemporary research, the faculties have frequent interactions with respective authorities & experts.
- Our faculties are invited as resource persons in the discussions carried through seminars regarding commentaries on ancient Ayurved treatise.



*Handling the manuscripts in the visit to  
Bhandarkar Oriental Research Institute, Pune.*

## UNIQUE FEATURES

- The department is flourished with ancient original Sanskrit classical treatise and commentaries.
- This department possesses heritage of unique and ancient treatises related with all branches of Ayurved & rare manuscripts related to Ayurveda. There is a great collection of Sanskrit dictionaries & Triskandhakosha.
- Open Book Exam for preciseness in Samhita learning.
- In addition to a typical pattern of teaching learning students are made to ask questions / Sutras / Shlokas to each other in a competing way, in a verbal tutorial.

## Activities Conducted

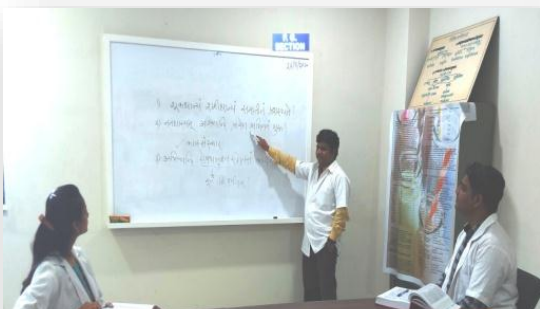
- To boost interest of students in Samhitas, department organizes activities like Shloka recitation competition, essay writing competition and PPT competition every year.
- Samhita Vachan activity is regularly conducted on 4<sup>th</sup> and 5<sup>th</sup> Thursday of every month for all PG students of college
- Weekly one lecture is conducted for advancement in studies and preparation of PG NEET entrance examination.
- Contribution of faculties of Samhita department in execution of transitional program for newly admitted students is noteworthy. Various topics recommended by NCISM such as Team building, personality



development Yoga & Meditation, ASU medicine and Vadatu Sanskritam are nicely conducted by departmental staff.

## Visits

- In order to enhance the MD students' multifaceted information, the department has conducted visit to IRSHA, BVDU Medical Foundation's Animal house and Poona College of Pharmacy.



Post Graduation course teaching



Hands on learning on Model

## ACHIEVEMENTS

- Dr. Ganashyam Dongre an alumni of this department has been awarded with Chancellor's Gold Medal of BV(DU) in its commencement year ie in 2002.
- Dr. Hemal Trivedi (2016) and Dr. Shruti Gadgil (2017) the two MD Students of this department have achieved 'Best Thesis Award in Bharati Vidyapeeth' given by BV(DU) Pune and IASTAM, India.
- We are proud of our alumni Dr. Rishabh Jain who has reached up to the post of director of an Ayurved College and hospital at Rurki, India.
- Our alumni student Dr. Vishakha Bahri is efficiently working as NABH officer at New Delhi.
- Our Alumni Dr. Gayatree Sawant received 'Ashadoot Puraskar' by social institution for substantial work in COVID situation.
- Dr. Santosh Suryawanshi is director of Jnyana-yoga-Ayu and Swa-Gram-Ayurved nature Agro-tourism.



Visit of PG students to Bhandarkar Oriental  
Research Institute, Pune

## RESEARCH ACTIVITY

1. Funded Research projects : 05, Completed -03, Ongoing-05
2. Research Projects for Ph.D. : Completed: 02
3. Research Projects for Ph.D. : Ongoing – 05
4. Research Projects for M.D. : Completed- 76
5. Research Projects for M.D. : Ongoing - 01
6. Books published: 03
  - **Ashtanghridaya (Sutrasthan)** in Marathi Published by Mankarnika Publication, Pune. 4 editions in 6 years.  
Authors: Vd. Dilip Gadgil, Vd. Y. V. Joshi, Vd. Sachin Kulkarni
  - **Study of Kala as a Causative Factor and as AsatmyajaRoga in Rutusandhi**, LAP Lambert Academic Publishing 2012-02-03, 2012.  
Authors: Vd. Sachin Kulkarni, Vd. Y. V. Joshi
  - **Vranashopha (Inflammation) and Various Treatment Modalities In Ayurved**, LAP Lambert Academic Publishing, 2016.  
Authors: Amit Ashok Paliwal, Vasudha G. Asutkar, Sheetal G. Asutkar
7. Number of Publications:

Dr. Savita Nilakhe-11

Dr. Sachin Kulkarni -14

Dr. Deepa Anserwadekar-09

Dr. Vasudha Asutkar-16 (chapter contributed in book-1)

Dr.Vedika Sadhale- 02

## TESTIMONIALS:

### 1) Dr. Hemal Abhishek Bhatt

PGalumni Ayurveda Samhita and siddhant  
Assistant Professor in Department of Samhita and Siddhant  
in Shree SwaminarayanAyurvedic College kalol Gujarat

“It was my fortune that I could be the part of such a department. The subject is core Ayurveda and my best Samhita study was done here. All the teachers were very helpful and knowledgeable. They always supported me in every huddle during my PG study. I am very thankful to the Department of Samhita and Siddhant of BVDUCOA for what I am now.”



Best dissertation award honored to Dr. Hemal Trivedi, our PG student-2016

## **2) Vd. Chinmay Pradeep Phadke.**

BAMS, MD (Samhita and Siddhant)  
Assistant Professor, AkurdiAyurved College.

“I consider myself very lucky to have an opportunity to train myself in Samhita and Siddhant under highly qualified, knowledgeable and yet humble teachers in this department. I will rate Five out of Five stars to this department each one for the Teaching Staff, Library, Digital resources, Electronic other facilities and most important - Passion to teach.”

### **PHOTO GALLERY:**



Our Faculties – with Guest Speakers Dr.Deepak Gupte from Dnyana Prabodhini School and Dr.Y.V.Joshi -in Transitional Curriculum in the Topic Personality Development and Effective Communication -2022.





The Faculty of Samhita Department with the Judges and Participants of PPT competition of 4<sup>th</sup> year BAMS in 2021.



Visit to Animal House BVDU in 2021 with MD Prelim students.



The Faculties and PG Students with The Samhita Vachan Activity Guest

Speaker Dr.Sharvari Inamdar (Asian Classic Power Lifting Gold Medalist



Faculty giving Voice over for the Official documentary of BVDUCOA, Pune on You Tube 2020.





Faculty conducting Yoga and Meditation session in the Transitional Curriculum of 1<sup>st</sup> BAMS 2022 .