

## DEPARTMENT OF SAMHITA SIDDHANTA & SANSKRIT

### DEPARTMENT PROFILE:

The term Samhita in the context of Ayurved indicates the 'Classical Medical Treatises of India.' This department initiates the beginners into the scientific foundation of Ayurvedic knowledge base which is documented in Sanskrit language. For better understanding of Ayurvedic medical concepts; Sanskrit is taught as a subject. Curricular details in all subjects of UG & PG courses are ultimately derived from ancient Samhitas only. Hence it is the nodal department & is connected to all 3 main examinations of BAMS (UG) course with 5 subjects namely Sanskrit Evam Ayurved Itihas(Sanskrit & History of Ayurved), Padarth Vigyan(Fundamental Principles of Ayurved & Quantum Physics), Samhita Adhyayan 1, Samhita Adhyayan 2 and Samhita Adhyayan 3.

### FACULTY PROFILE



Name	Qualification	Designation
Dr. Bhide Madhuri Prasad	B.A.M.S., M.D., Ph.D.	Professor & HOD
Dr. Nilakhe Savita Surendra	B.A.M.S., M.D., M. A. (San.)	Asso. Professor
Dr. Kulkarni Sachin Suresh	B.A.M.S., M.D., Ph.D.	Asso. Professor
Dr. Asutkar Vasudha Gajananrao	B.A.M.S.,M.D., PhD	Assi. Professor
Dr Renuka Atul Deshpande	B.A.M.S., M.A.,	Assi. Professor Sanskrit
Dr Shruty Salion	B.A.M.S.,M.D	Assi. Professor
Dr. Neha Raichurkar	B.A.M.S.,M.D	Assi. Professor

## MUSEUM



The departmental museum is informative for U.G.students to give basic idea such as *Annadravya*, Panchakarma and allied procedures. Specimens include *Dravyas* with information of their properties as described in Samhita.

It encompasses 148 charts as per CCIM norms.

It comprises of models such as Types of *Swedana*, *Kutipravesnik Rasayan*, instruments of *Panchakarma* etc.

### DEPARTMENTAL STRENGTH:

- Out of 7, 3 faculties are Ph.D
- Out of 7: 2 have PG qualification in Sanskrit along with PG in Ayurved
- Two MD Students of this department have achieved 'Best Thesis Award in Bharati Vidyapeeth' by IASTAM, India.
- To review the heritage of literature of Ayurved manuscripts, the department conducts regular visits to renowned institutes like Bhandarkar Oriental Research Institute, Naturopathy institute etc.
- To keep the pace with contemporary research, the faculties have frequent interactions with respective authorities & experts.
- Our faculties are invited as resource persons in the discussions carried through seminars regarding commentaries on ancient Ayurved treatise.



*Handling the manuscripts in the visit to  
Bhandarkar Oriental Research Institute, Pune.*

## UNIQUE FEATURES

- The department is flourished with ancient original Sanskrit classical treatise and commentaries.
- The department has a fully operational language lab comprising 10 computer with Sanskrit language Lab Software, which enhances the pronunciation of correct Sanskrit words for students.
- This department possesses heritage of unique and ancient treatises related with all branches of Ayurved & rare manuscripts related to Ayurveda. There is a great collection of Sanskrit dictionaries & Triskandhakosha.
- Open Book Exam for preciseness in Samhita learning.
- In addition to a typical pattern of teaching learning students are made to ask questions / Sutras / Shlokas to each other in a competing way, in a verbal tutorial.

## Activities Conducted

- **Sanskrit Club:** It has been formed as per the directives of NCISM. A planner for the entire year is displayed for the students of all years showing the month wise activities.
- The topics related to their corresponding syllabus is declared before commencement of new academic year. Students with guidance of club member faculties present their topics like Rasa, Rutucharya, Musha etc. in class. The well-known guest faculties speak in Sanskrit regarding Nidan Panchak for 2<sup>nd</sup> BAMS.

Thus Sanskrit Club is active due to participation of students in Sanskrit



language



*Dr. Dharmadikari Sir addressing Students*



*Sanskrit Drama First BAMS*



*Sanskrit Language Lab*

- Samhita Parayan – It is planned in the time table for all subjects of all Professional years. For Samhita Department it is conducted for Sanskrit, Padarth Vigyan, SA1, SA2 & SA3. Students recite various Shlokas from respective topics in the classroom.
- To boost interest of students in Samhitas, department organizes activities like Shloka recitation competition, essay writing competition and PPT competition every year.
- Samhita Vachan activity was regularly conducted on 4<sup>th</sup> and 5<sup>th</sup> Thursday of every month for all PG students of college
- Weekly one lecture is conducted for advancement in studies and preparation of PG NEET entrance examination.
- Contribution of faculties of Samhita department in execution of transitional program for newly admitted students is noteworthy. Various topics recommended by NCISM such as Team building, personality

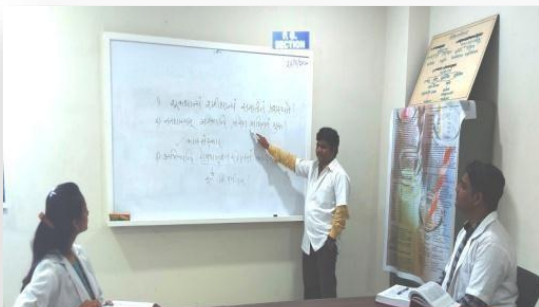


## VISITS

In order to enhance the MD students' multifaceted information, the department has conducted visit to IRSHA, BVDU Medical Foundation's Animal house and Poona College of Pharmacy.



Visit of PG students to Bhandarkar Oriental Research Institute,Pune



Post-Graduation course teaching



Hands on learning on Model

## ACHIEVEMENTS

- Dr. Ganashyam Dongre an alumni of this department has been awarded with Chancellor's Gold Medal of BV(DU) in its commencement year ie in 2002.
- Dr. Hemal Trivedi (2016) and Dr. Shruti Gadgil (2017) the two MD Students of this department have achieved 'Best Thesis Award in Bharati Vidyapeeth' given by BV(DU) Pune and IASTAM, India.
- We are proud of our alumni Dr. Rishabh Jain who has reached up to the post of director of an Ayurved College and hospital at Rurki, India.
- Our alumni student Dr. Vishakha Bahri is efficiently working as NABH officer at New Delhi.
- Our Alumni Dr. Gayatree Sawant received 'Ashadoot Puraskar' by social institution for substantial work in COVID situation.
- Dr. Santosh Suryawanshi is director of Jnyana-yoga-Ayu and Swa-Gram-Ayurved nature Agro-tourism.
- Dr. Rutuja Patil MD Prelim student Batch 2024-25, Received Best Research Paper Award in the Kumarbharati 2025, National Conclave her topic of presentation was-"Literature Review of Tapyadi Loha in Kushtha and Prameha"
- Dr. Madhuri Bhide and Dr. Vasudha Asutkar Faculty Department of Samhita Siddhanta and Sanskrit received the Best Article award from "Dr. Sunanda and Dr. Subhash Ranade Foundation" for the article Title-"Purishwahasrotas -An Integrative approach between Asian Traditional Medicines in view of Microbes" in Ayurved Patrika a National Scientific Journal ISSN 2278-0726, the edition published in February 2025, Volume 78 Issue 8.

Dr. Rutuja Patil MD Pre,im student presenting in Kumarbharati





## RESEARCH ACTIVITY

1. Funded Research projects : 05, Completed -03, Ongoing-05
2. Research Projects for Ph.D. : Completed: 02
3. Research Projects for Ph.D. : Ongoing – 05
4. Research Projects for M.D. : Completed- 76
5. Research Projects for M.D. : Ongoing - 01
6. Books published: 03
  - **Ashtanghridaya (Sutrasthan)** in Marathi Published by Mankarnika Publication, Pune. 4 editions in 6 years.  
Authors: Vd. Dilip Gadgil, Vd. Y. V. Joshi, Vd. Sachin Kulkarni
  - **Study of Kala as a Causative Factor and as AsatmyajaRoga in Rutusandhi**, LAP Lambert Academic Publishing 2012-02-03, 2012.  
Authors: Vd. Sachin Kulkarni, Vd. Y. V. Joshi
  - **Vranashopha (Inflammation) and Various Treatment Modalities In Ayurved**, LAP Lambert Academic Publishing, 2016.  
Authors: Amit Ashok Paliwal, Vasudha G. Asutkar, Sheetal G. Asutkar
7. Number of Publications:
  - Dr. Madhuri Bhide- 26
  - Dr. Savita Nilakhe-11
  - Dr. Sachin Kulkarni -14
  - Dr. Vasudha Asutkar-16 (chapter contributed in book-

## TESTIMONIALS:

### 1) Dr. Hemal Abhishek Bhatt

PGalumni Ayurveda Samhita and siddhant  
Assistant Professor in Department of Samhita and Siddhant  
in Shree SwaminarayanAyurvedic College kalol Gujarat

“It was my fortune that I could be the part of such a department. The subject is core Ayurveda and my best Samhita study was done here. All the teachers were very helpful and knowledgeable. They always supported me in every huddle during my PG study. I am very thankful to the Department of Samhita and Siddhant of BVDUCOA for what I am now.”



Best dissertation award honored to Dr. Hemal Trivedi, our PG student-2016

## 2) Vd. Chinmay Pradeep Phadke.

BAMS, MD (Samhita and Siddhant)

Assistant Professor, AkurdiAyurved College.

"I consider myself very lucky to have an opportunity to train myself in Samhita and Siddhant under highly qualified, knowledgeable and yet humble teachers in this department. I will rate Five out of Five stars to this department each one for the Teaching Staff, Library, Digital resources, Electronic other facilities and most important - Passion to teach."

### PHOTO GALLERY:



Our Faculties – with Guest Speakers Dr.Deepak Gupte from Dnyana Prabodhini School and Dr.Y.V.Joshi -in Transitional Curriculum in the Topic Personality Development and Effective Communication -2022.





The Faculty of Samhita Department with the Judges and Participants of PPT competition of 4<sup>th</sup> year BAMS in 2021.



Visit to Animal House BVDU in 2021 with MD Prelim students.





The Faculties and PG Students with The Samhita Vachan Activity Guest Speaker Dr.Sharvari Inamdar (Asian Classic Power Lifting Gold Medalist)



Faculty giving Voice over for the Official documentary of BVDUCOA, Pune on You Tube 2020.



Faculty conducting Yoga and Meditation session in the Transitional Curriculum of 1<sup>st</sup> BAMS 2022 .



Pune, Maharashtra, India

D-302 Medical College Road Shriram Nagar, Katraj, Bharati

Vidyapeeth Campus, Dhankawadi, Pune, Maharashtra 411043, India

Lat 18.457099° Long 73.854255°

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*1Motivational lecture by Dr. Shilpa Girme , Alumni of Samhita department, expressing avenues after BAMS*