

DEPARTMENT OF SAMHITA AND BASIC PRINCIPLES OF AYURVED

DEPARTMENT PROFILE:

The term Samhita in the context of Ayurved indicates the 'Classical Medical Treatises of India.' This department initiates the beginners into the scientific foundation of Ayurvedic knowledge base which is documented in Sanskrit language. For better understanding of Ayurvedic medical concepts; Sanskrit is taught as a subject. Curricular details in all subjects of UG & PG courses are ultimately derived from ancient Samhitas only. Hence it is the nodal department & is connected to all 4 main examinations of BAMS (UG) course with 6 subjects namely Sanskrit, Padarth Vigyan & Ayurved Itihas, Maulik Siddhant evum Ashtang Hridayam and Charak Samhita (in two parts) and Research Methodology for MD Prelim and for fourth year B. A. M.S.

FACULTY PROFILE



| Name | Qualification | Designation |
|--------------------------------|---------------------|------------------|
| Dr. Bhide Madhuri Prasad | M.D., Ph.D. | Professor & HoD |
| Dr. Nilakhe Savita Surendra | M.D. | Asso. Professor |
| Dr. Kulkarni Sachin Suresh | M.D., Ph.D. | Asso. Professor |
| Dr. Anserwadekar Deepa Atul | M.D. | Assi. Professor |
| Dr. Asutkar Vasudha Gajananrao | M.D. PhD | Assi. Professor |
| Dr. Sadhale Pravin Vedika | M.D. M.A. PhD (Sch) | Assi. Professor |
| Mrs. Manglekar Ashwini S. | M.Sc. (Statistics) | Bio-Statistician |



Reading 'in between lines' of commentaries of Ayurveda

MUSEUM



The departmental museum is informative for U.G.students to give basic idea of the *Annadravya* and Panchakarma and allied procedures. Specimens include *Dravyas* with information of their properties as described in Samhita.

It encompasses 135 charts as per CCIM norms.

It comprises of models such as *SwedanaPrakar* and of *KutipraveshikRasayan*, instruments of *Panchakarma*.

DEPARTMENTAL STRENGTH:

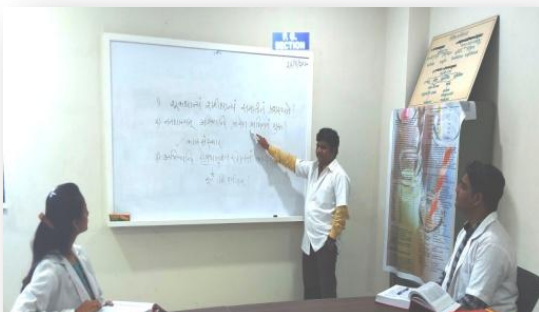
- Out of 6, 3 faculties are Ph.D
- Out of 6: 2 have PG qualification in Sanskrit along with PG in Ayurved
- Two MD Students of this department have achieved 'Best Thesis Award in BharatiVidyapeeth' by IASTAM, India.
- To review the heritage of literature of Ayurved manuscripts, the department conducts regular visits to renowned institute like Bhandarkar Oriental Research Institute, Pune.
- To keep the pace with contemporary research the faculties have frequent interactions with respective authorities& experts.
- Our faculties are invited as resource persons in the discussions carried through seminars regarding commentaries on ancient Ayurved treatise.



Handling the manuscripts in the visit to Bhandarkar Oriental Research Institute, Pune.

UNIQUE FEATURES

- The department is flourished with ancient original Sanskrit classical treatise and commentaries.
- This department possesses heritage of unique & rare manuscripts related to Ayurveda. There is a great Collection of Dictionaries & Triskandhakosha.
- To boost interest of students in Samhitas, department organizes activities like Shloka recitation & essay writing competition every year.
- Open Book Exam for preciseness in Samhita learning.
- In addition to a typical pattern of teaching learning students are made to ask questions / Sutras / Shlokas to each other in a competing way, in a verbal tutorial.



Post Graduation course teaching



Hands on learning on Model

ACHIEVEMENTS

- Dr. Ganashyam Dongre an alumni of this department has been awarded with Chancellor's Gold Medal of BV(DU) in its commencement year ie in 2002.
- Dr. Hemal Trivedi (2016) and Dr. Shruti Gadgil (2017) the two MD Students of this department have achieved 'Best Thesis Award in Bharati Vidyapeeth' given by BV(DU) Pune and IASTAM, India.
- We are proud of our alumni Dr. Rishabh Jain who has reached upto the post of director of an Ayurved College and hospital at Rurki, India.



RESEARCH ACTIVITY

1. Funded Research projects : 05, Completed -03, Ongoing-02
2. Research Projects for Ph.D. : Completed: 02
3. Research Projects for Ph.D. : Ongoing – 04
4. Research Projects for M.D. : Completed- 74
5. Research Projects for M.D. : Ongoing - 03
6. Books published: 03

- **Ashtanghridaya (Sutrasthan)** in Marathi Published by Mankarnika Publication, Pune. 4 editions in 6 years.
Authors: Vd. DilipGadgil, Vd. Y. V. Joshi, Vd. Sachin Kulkarni
- **Study of Kala as a Causative Factor and as AsatmyajaRoga in Rutusandhi**, LAP Lambert Academic Publishing 2012-02-03, 2012.
Authors: Vd. Sachin Kulkarni, Vd. Y. V. Joshi
- **Vranashopha (Inflammation) and Various Treatment Modalities InAyurved**, LAP Lambert Academic Publishing, 2016.
Authors: Amit Ashok Paliwal, Vasudha G. Asutkar, Sheetal G. Asutkar

7. Number of Publications:

Dr. MadhuriBhide- 22
 Dr. SavitaNilakhe-10
 Dr. Sachin Kulkarni -13(Papers- 11, Books -2)
 Dr. DeepaAnserwadekar-08
 DrVasudhaAsutkar-14
 Dr.VedikaSadhale- 02

TESTIMONIALS:

1) Dr. Hemal Abhishek Bhatt

PGalumni Ayurveda Samhita and siddhant
 Assistant Professor in Department of Samhita and Siddhant
 in Shree SwaminarayanAyurvedic College kalol Gujarat

“It was my fortune that I could be the part of such a department. The subject is core Ayurveda and my best Samhita study was done here. All the teachers were very helpful and knowledgeable. They always supported me in every huddle during my PG study. I am very thankful to the Department of Samhita and Siddhant of BVDUCOA for what I am now.”



Best dissertation award honoured to Dr. Hemal Trivedi, our PG student-2016

2) Vd. Chinmay Pradeep Phadke.

BAMS, MD (Samhita and Siddhant)
Assistant Professor, AkurdiAyurved College.

“I consider myself very lucky to have an opportunity to train myself in Samhita and Siddhant under highly qualified, knowledgeable and yet humble teachers in this department. I will rate Five out of Five stars to this department each one for the Teaching Staff, Library, Digital resources, Electronic other facilities and most important - Passion to teach.”

PHOTO GALLERY:



First Prize for World Ayush Seminar Held at Navi Mumbai held by Ayush Dept. and DyPatil College. (August -2019)



Paper presentation of our faculty Dr. Sachin Kulkarni at International conference, Ayurgenica -2018 at Bangkok, Thailand (May-2018)

- 1) Motivational Speech by **Vaidya Gayatri Sawant** organized by Samhita Department in 2019



2) Online Pre MD Webinar conducted by Samhita Department during COVID-19 Lockdown Period...(April -2020)

