

## DEPARTMENT OF KAYACHIKITSA

### DEPARTMENTAL PROFILE:

Kayachikitsa is the foundation for core Ayurvedic treatments including both *shaman* [internal medicine] and *shodhan* [purification medicine]. The department gives comprehensive training in application of Ayurvedic principles and treatment modalities for variety of diseases; endogenous as well as exogenous in origin. Instead of managing only symptoms, our physicians aim at balancing impaired metabolism at tissue level. Special efforts are taken to train the students to diagnose and treat the contemporary and newer diseases like cancer, HIV- AIDS, Diabetes, Covid-19, Postcovid19, Skin diseases, etc. using Ayurvedic medicines and therapies.

### FACULTY PROFILE:



Sr. No.	Name	Qualification	Designation
1.	Dr. Shinde D. L.	M.D., Ph.D.	Professor & HOD
2.	Dr. Mahajan M. P.	M.D., Ph.D.	Asso. Professor
3.	Dr. Dhurve S. A.	M.D., Ph.D.	Asso. Professor
4.	Dr. Pawar V. B.	M.D. Ph.D	Assistant Professor
5.	Dr. Jadhav A. B.	M. D.	Assistant Professor

6.	Dr. Satav D. G.	M. D.	Assistant Professor
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### DEPARTMENTAL STRENGTH:

- Highly qualified and skilled enthusiastic faculty.
- The department is providing DOTS treatment under RNTCP (Revised National Tuberculosis Control Program).
- Renowned visiting specialty faculty from allied medical sciences.
- Various research works including clinical trials funded by Government agencies/ well-known pharmaceutical companies are conducted at department.
- The department is having the well-equipped ICU unit.
- The department runs separate Skin OPD where skin procedures are also done

### UNIQUE FEATURES

- Special OPD for specific diseases like skin diseases, Tuberculosis (RNTCP) & Geriatrics, Rural OPD at VELU.
- Department acquires integrative treatment approach in treating geriatric diseases and lifestyle disorders.
- Department conducts various research projects funded by Govt. of India, State govt., non govt. organizations. Outcomes are published in reputed peer reviewed and indexed journals.
- Department conducts several outdoor & indoor medical health camps/ Health awareness programs for needy urban/rural patients.

### ACHIEVEMENTS:

- Prof. Dr.D.L.Shinde was awarded ‘ **Vocational Excellence Award**’ by Rotary Club, Pune, Jan 20

- Our PG Alumni Dr. Sridhar Chiplunkar (presently working in sports medicine) was honored by the institute for his social services in 2014.
- Our PG Alumni Dr. Nitin Sharma was awarded '**Ayurveda Ratna Puraskar**', in Dehradun.

## RESEARCH ACTIVITY:

### 1) Funded Research Projects:

Sr .N o.	Name of the project	Investigators	Status	Sanctioned Organizati on	Amount in Rs.
1	Pre-Clinical & Clinical evaluation of anti-diabetic activity of herbal leads	PI- Dr.D.L.Shinde	Ongoing	National Innovation Foundation ,India	7000000
2	Pre-Clnical & Clinical evaluation of anti-hypertensive activity of herbal leads	PI- Dr.D.L.Shinde	Ongoing	National Innovation Foundation ,India	
3	Evaluation of Anti-cataract activity of NIF herbal eye drop of grassroots leads in Senile immature cataract	PI- Dr.D.L.Shinde	Ongoing	National Innovation Foundation ,India	
4	The Study For Evaluation of Protective Potential Drug In Cardiovascular Disorders	PI-Dr Shinde Co.PI- Dr Salunkhe S.S.	Completed	Goan Phrma	25000
5	The study for efficacy of 'Vangamrita yog' in	PI-Dr.Pedhekar	Completed	B.V.D.U. PUNE	40000

	the management of Diabetic Neuropathy.	S.R. Co. PI- Dr.Shinde D.L. Dr.Sawant P.S. Dr.Salunkhe S.S.			
6	Evaluation of the efficacy and safety of Cap GBS ® in patients suffering from cholelithiasis: An open clinical study	Co.PI- Dr. Sunanda Pedhekar (Ghare)	Completed	Sidhhayu Ayurvedic Research Foundation , Nagapur.	100000
7	Clinical evaluation of Standardized Krishnavajrabhrak Bhasma on Tamak Shwasa	Physician – Conducted the clinical trials Dr. Madhavi Mahajan	Completed	AYUSH, Govt of India, New Delhi.2007	2500000
8	Clinical study to evaluate the safety and efficacy of Herbal Formulation for Obesity(HFO-O2) in overweight individuals	PI- Dr. M. P. Mahajan	Completed	Baidyanath bhavan Private Ltd.Nagpur India	77000
9	Role of Nirgundi kalpa in Mild Cognitive Impairment (MCI) w.s.r.to amnesic MCI	PI- DR.B.B.Kadlaskar	Completed	BVDU, Pune	50000
10	Evaluation of the efficacy and safety of Capsule	Co.PI-Dr. Mahajan Madhavi	Completed	Pharmanza Herbals,Gu	230450

	Longvida® Optimized Curcumin in knee osteoarthritis: A randomized double- blind controlled clinical study			jrath,India	
11	Evaluation of the efficacy of Pomegranate Effervescent Granules (PEG) in the management of Acid Peptic disorders: An open label multi-centric prospective clinical study	PI-Dr.M.P. Mahajan	Comple ted	Ministry Of Human Resource Developme nt, Governmen t Of India, Under 'Rashtriya Uchhatar Shiksha Abhiyan'	154980
12	Efficacy of Rasnasaptak kwatha in the management of Sandhigatavata w.s.r knee joint	Dr. S. Dhurve	Ongoing	BVDU, Pune	50000
13	Study of Mustadi Kwatha Ghana Vati in the management of sthoulya(Obesity)	PI- Dr.Pravin Sawant	Ongoing	Bharati Vidyapeeth Deemed University , Pune	50000

14	The evaluation of virechankarma and Triushnadi churna in the management of medovridhi w.s.r.to Dyslipidemia	PI- Dr.S.S.Salunkhe  Col-Kadalaskar BB	Ongoing	BU(DU),Pune	20000
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**2) Research projects for Ph.D. :** Completed – 10

**3) Research projects for Ph.D. :** Ongoing – 04

**4) Research projects for M.D. :** Completed - 83

**5) Research projects for M.D. :** Ongoing - 13

**6) Books :** 1) 01 book by Dr Shinde entitled- ‘Anna he Purnabrahma’

2) 01 book by Dr. Dhurve Sanjay- ‘ A textbook of Kampavata (Parkinson’s Disease) (Enlight Knowledge through Ayurveda and modern perspective)

**7) Patent Publication :** Dr.D.L.Shinde , ‘Herbal Formulations for Diabetes Mellitus ’ (The Patent Office Journal, Intellectual Property India)

**8) Number of Publications :**

Dr. Shinde D. L.- 40  
Dr. Mahajan M.P.- 21  
Dr. Dhurve S. A.- 25  
Dr. Pawar V.B.- 05  
Dr. Jadhav A. B.-03  
Dr. Satav D.G. – 10

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### TESTIMONIALS:

Dept. is very good. Here highly educated, dedicated clinical teaching staff who boost interest of students in Kayachikitsa.

**Dr. Shashikant Sharma**

MD (Kayachikitsa)

Associate Professor, Department Of Kayachikitsa ,Gaya Ayurved Medical  
College,Bihar



Dept. is very nice. Here we learn so many Ayurvedic treatment as well as allopathic treatment.

**Dr. Pushkar Sham Dalal**

MD (Kayachikitsa)

Ayurveda Consultant

& Director,

Parco Pharmaceuticals (GMP approved) Hemala Udyog (Hemala utane)

Dr. Ashwariya Shinde MD (Kayachikitsa) Physician at Dinanath mangeshkar hospital , Pune.

## **PHOTO GALLERY**

### **Faculty**



**Clinical Teaching**









## **PG Students Discussion Hall**







### **Procedures: Ascitis tapping**





### **Skin Procedure -Microderma Abrasion**



**RFT- Dermat**





**Ayurvedic add-on treatments for Cancer:**



**Well equipped ICU:**



**Medical Health camps:**









**पुण्यस्त लोकांसाठी**  
**आरोग्य शिबीर व**  
**मोफत औषध वाटप**  
एक हात आपल्या माणसांच्या मदतीसाठी..!











**Doctors Day Celebration**









MophatArogyaShibir





























**SARVAROGA NIDAN SHIBIR AT SHRIRAMNAGAR KHEDSHIVAPUR**







## Mophat Arogya Shibir











