DEPARTMENT OF KAYACHIKITSA

DEPARTMENTAL PROFILE:

Kayachikitsa is the foundation for core Ayurvedic treatments including both *shaman* [internal medicine] and *shodhan* [purification medicine]. The department gives comprehensive training in application of Ayurvedic principles and treatment modalities for variety of diseases; endogenous as well as exogenous in origin. Instead of managing only symptoms, our physicians aim at balancing impaired metabolism at tissue level. Special efforts are taken to train the students to diagnose and treat the contemporary and newer diseases like cancer, HIV- AIDS, Diabetes, Swine Flu, Skin diseases etc. using Ayurvedic medicines and therapies.

FACULTY PROFILE:

Sr. No.	Name	Qualification	Designation
1.	Dr. Shinde D. L.	M.D., Ph.D.	Professor & HOD
2.	Dr. Mahajan M. P.	M.D., Ph.D.	Asso. Professor
3.	Dr. Sawant P. S.	M.D., Ph.D.	Asso. Professor
4.	Dr. Dhurve S. A.	M.D., Ph.D.	Assi. Professor
5.	Dr. Salunkhe S. S.	M.D., Ph.D.	Assi. Professor
6.	Dr. Pawar V. B.	M.D. Ph.D	Assi. Professor



DEPARTMENTAL STRENGTH:

- Highly qualified and skilled enthusiastic faculty.
- The department is providing DOTS treatment under RNTCP (Revised National Tuberculosis Control Program).
- Renowned visiting specialty faculty from allied medical sciences.
- Various research works including clinical trials funded by Government agencies/ well-known pharmaceutical companies are conducted at department.
- The department is having the well-equipped ICU unit.

• The department runs separate Skin OPD where skin procedures are also done

UNIQUE FEATURES

- Special OPD for specific diseases like skin diseases, Tuberculosis (RNTCP) & Geriatrics.
- Department acquires integrative treatment approach in treating geriatric diseases and lifestyle disorders.
- Department conducts various research projects funded by Govt. of India, State govt., non govt. organizations. Outcomes are published in reputed peer revie wed journals.
- Department conducts several outdoor & indoor medical health camps/ Health awareness programs for needy urban/rural patients.

ACHIEVEMENTS:

- Prof. Dr.D.L.Shinde was awarded ' Vocational Excellence Award' by Rotary Club,Pune,Jan 20
- Our PG Alumni Dr Sridhar Chiplunkar (presently working in sports medicine) was honored by the institute for his social services in 2014.
- Our PG Alumni Dr Nitin Sharma was awarded 'Ayurveda Ratna Puraskar', in Dehradun.

RESEARCH ACTIVITY:

1) Funded Research Projects:

Sr .N o.	Name of the project		Status	on	Amount in Rs.
1	Pre-Clinical & Clinical evaluation of anti-diabetic activity of herbal leads	PI- Dr.D.L.Shinde	Ongoing	National Innovation Foundation ,India	
2	Pre-Clnical & Clinical evaluation of anti-hypertensive activity of herbal leads	PI- Dr.D.L.Shinde	Ongoing	National Innovation Foundation ,India	70,00000
3	Evaluation of Anti- cataract activity of NIF herbal eye drop of grassroots leads in Senile immature cataract	PI- Dr.D.L.Shinde	Ongoing	National Innovation Foundation ,India	
4	The Study For Evaluation of Protective Potential Drug In Cardiovascular Disorders	PI-Dr Shinde Co.PI- Dr Salunkhe S.S.	Complet ed	Goan Phrma	25000
5	The study for efficacy of 'Vangamrita yog' in	PI-Dr.Pedhekar	Complet ed	B.V.D.U. PUNE	40000

	the management of Diabetic Neuropathy.	S.R. Co. PI- Dr.Shinde D.L. Dr.Sawant P.S. Dr.Salunkhe S.S.			
6	Evaluation of the efficacy and safety of Cap GBS ® in patients suffering from cholelithiasis: An open clinical study	Co.PI- Dr. Sunanda Pedhekar (Ghare)	Complet ed	Sidhhayu Ayurvedic Research Foundation , Nagapur.	100000
7	Clinical evaluation of Standardized Krishnavajrabhrak Bhasma on Tamak Shwasa	Physician – Conducted the clinical trials Dr. Madhavi Mahajan	Complet ed	AYUSH, Govt of India, New Delhi.2007	25,00000
8	Clinical study to evaluate the safety and efficacy of Herbal Formulation for Obesity(HFO-O2) in overweight individuals	PI- Dr. M. P. Mahajan	Complet ed	Baidyanath bhavan Private Ltd.Nagpur India	77,000
9	Role of Nirgundi kalpa in Mild Cognitive Impairment (MCI) w.s.r.to amnesic MCI	PI- DR.B.B.Kadlaskar	Complet ed	BVDU, Pune	50,000
10	Evaluation of the efficacy and safety of Capsule	Co.PI-Dr. Mahajan Madhavi	Complet ed	Pharmanza Herbals,Gu	23,0450

	Longvida® Optimized Curcumin in knee osteoarthritis: A randomized double- blind controlled clinical study			jrath,India	
11	Evaluation of the efficacy of Pomegranate Effervescent Granules (PEG) in the management of Acid Peptic disorders: An open label multi-centric prospective clinical study	PI-Dr.M.P. Mahajan	Complet ed	Ministry Of Human Resource Developme nt, Governmen t Of India, Under 'Rashtriya Uchhatar Shiksha Abhiyan'	154980
12	Efficacy of Rasnasaptak kwatha in the management of Sandhigatavata w.s.r knee joint	1.Dr. Sanjay Dhurve 2. Dr.M.P. Mahajan	Complet ed	BVDU, Pune	50,000
13	Study of Mustadi Kwatha Ghana Vati in the management of sthoulya(Obesity)	PI- Dr.Pravin Sawant	Complet ed	Bharati Vidyapeeth Deemed University, Pune	50,000
14	Evaluation of the effect of CIT on innate and adaptive immune response in healthy individuals	Dr.Madhavi Mahajan	Ongoing	Charak Pharma Pvt Ltd.	800000

- 2) Research projects for Ph.D. : Completed 08
- 3) Research projects for Ph.D. : Ongoing 03
- 4) Research Thesis for M.D. : Completed 90
- 5) Research projects for M.D. : Ongoing 06
- 6) Diploma in Dermatology : projects: Completed : 17
- 7) Diploma in Dermatology : projects: Ongoing : 02
- 8) Books :01 book by Dr Shinde entitled- 'Anna he Purnabrahma'
- 9) Patent Publication : Dr. D.L.Shinde

"Herbal Formulations for Diabetes Mellitus" (The Patent Office Journal, Intellectual Property India)

8) Number of Publications :

Dr. Shinde D. L.- 27 Dr. Pedhekar S.R. - 18 Dr. Mahajan M.P.- 19 Dr. Sawant P.S.- 17 Dr. Dhurve S. A.- 10 Dr. Salunkhe S.S.- 14 Dr. Pawar V.B.- 05

TESTIMOMNIALS:

Dept. is very good. Here highly educated, dedicated clinical teaching staff who boost interest of students in Kayachikitsa.

Dr. Shashikant Sharma

MD (Kayachikitsa) Associate Professor, Department Of Kayachikitsa ,Gaya Ayurved Medical College,Bihar Dept. is very nice. Here we learn so many Ayurvedic treatment as well as allopathic treatment.

Dr. Pushkar Sham Dalal

MD (Kayachikitsa)

Ayurveda Consultant & Director, Parco Pharmaceuticals (GMP approved)Hemala Udyog (Hemala utane)

Dept. is very good. We learn so many procedures, observe and treat so many pt. which actually helped us in our clinical practice.

Dr. Sandip Patil

MD (Kayachikitsa) Physician and intensive care in charge at Ruby, Ailcare YCM, Pawana, Morya, Shendey hospital Pune ,Pimpari –Chinchwad (Maharashtra)

PHOTO GALLERY

Faculty



Clinical Teaching









PG Students Discussion Hall





Procedures: Ascitis tapping





Skin Procedure -Microderma Abrasion



RFT- Dermat



Ayurvedic add-on treatments for Cancer:



Well equipped ICU:





Medical Health camps:



















Doctors Day Celebration

