

Bharati Vidyapeeth (Deemed to be University)

College of Ayurved, Pune-43

Rasashastra Evam Bhaishajykalpana department

Report of Ayurveda-Based Cosmetic Workshop

The Ayurveda-based cosmetic workshop was held on October 14-15, 2024, from 2.00 to 5.00 PM, offering practical training in Ayurvedic self-care product formulation. On Day 1, Dr. Sarika Patil hosted the session with guest speaker Dr. Sarika Bhujbal from Param Ayurved Clinic. Dr. Bhujbal demonstrated the preparation of hair cream, shampoo, and hand sanitizer, discussing the need for modified dosage forms, the pros and cons of classical versus modern cosmetic formulations. Dr. Madhuri Pawar HOD of the department felicitated Dr. Bhujbal and Dr. Trupti Patil owe her thanks towards all gathered.



