

## **Azadi Ka Amrit Mohotsava 2021-2022**

As per the directives by Ministry of AYUSH, Government of India, a year long activity 'Azadi Ka Amrit Mohotsava' was conducted by Bharati Vidyapeeth (Deemed to be ) University, College of Ayurved, Pune, Maharashtra,. It was a conscious effort taken by the ministry for the awareness of Ayurveda among the school going children.

As our founder of Bharati Vidyapeeth Deemed to be University Pune, Dr Patangarao Kadam Saheb has given us the motto of our institute as-'Social transformation through dynamic education.' We the 'Bharati Vidyapeeth(deemed to be) University, College of Ayurved, Pune has taken it as a great opportunity to walk on the path of our institutional motto. We considered the activity given by ministry of AYUSH as a great opportunity to work for the social cause.

The duration of activity was from 1<sup>st</sup> Sept 2021 to 31 Aug 2022. During this period we have visited 102 schools in Pune city and in Pune district. We have conducted total 292 different activities in those schools like medical health check up camp, awareness lectures on Ayurveda, Yoga demonstration and conduction, Suryanamaskar activity, International Yoga day, Har Ghar Titanga etc. We also have conducted Sudhrudh Balak Spardha.(Healthy child competition.)

It was a very challenging situation during Covid-19 pandemic for all of us. During this period we tried to reach to schools and children in online mode. It was very useful activity for children and their parents in pandemic situations as they got the important and useful information regarding their health when pandemic was spoiling their day to day life.

After pandemic, we have visited the schools in rural area, as they are in very much need of health awareness. We have visited maximum government schools in Tahasils of Purandar, Haveli and Bhor of Pune district. It was a very great experience for us to meet and communicate with innocent children in rural area. They expressed their gratitude towards our Bharati Vidyapeeth University Pune, for our efforts.

Our institutional management was very much supportive for the activity in all aspects. Our Medical Director, Deputy Medical Director, Deputy Medical Superintendent cooperated us for this activity. Our chief coordinator Dr. A A Muke and co-coordinators Dr Ninad Nangare, Dr Lata Patil, Dr Amol Patil have worked very hard for a year to complete the activity successfully.

Our teaching faculty enthusiastically participated in the activities though everyone has the busy academic and hospital duties. Our intern and PG students also participated actively as this was a learning experience for them. MSW and ambulance driver have done their part of work time to time.

Our Maharashtra Nodal officer of Azadi Ka Amrit Mohotsava Dr Dattatray Patil has timely encouraged us to work with all efforts.

Our institute is very grateful to ministry of AYUSH, Government of India for such a great initiative; we will always work hard for such a Nobel cause in future too.



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