

## Social and Awareness Activities conducted for School Students on 10.3.22

While celebrating the Azadi Ka amrit Mohotsava, Bharati Vidyapeeth (deemed to be University), College of Ayurved, Pune.(Maharashtra), has arranged various activities promoting healthy life style for the students of the Shree Veer Baji Pasalakar Highschool, Panshet, Dist-Pune . The details are as follows:

### 1. General health check up

Our expert team of doctors arranged a general health check up camp for the students of the Shree Veer Baji Pasalakar Highschool, Panshet, Dist-Pune.

Team of Bharati Ayurved Hospital, Pune done a general health check up of total 80 students, 09 teachers, 02 other staff and given health advice to the students whoever needed.



## **2. Report of awareness lecture (10.03.2022)-**

Our faculty Dr. Amol Patil has arranged a awareness lecture for the students of the Shree Veer Baji Pasalakar Highschool, Panshet, Dist-Pune, on 10.03.2022.

The awareness lecture was delivered by Dr Amol Patil on Yoga and Aahar according to Ayurveda. Total 80 students, 09 teachers and 02 other staff get benefited with the lecture.



## **3. Report of Yoga break (10.03.2022)-**

Yogacharya, Amol Patil has arranged a Yoga break for the students of the Shree Veer Baji Pasalakar Highschool, Panshet, Dist-Pune on 10.03.2022.

Dr Amol Patil demonstrated the various Yogasana and Pranayam to the students and students followed him. The students were asked to practice Yoga and Pranayam in their daily life too.



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DR AMOL PATIL YOGI

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