

## Social and Awareness Activities conducted for School Students on 21.3.22

While celebrating the Azadi Ka Amrit Mohotsava, Bharati Vidyapeeth (deemed to be University), Pune has arranged various health awareness activities for the students of Zeelha Parishad Shala, Garade, Dist Pune on 21.03.2022

### General health check up camp

The general health check up of 110 students, 06 teachers and 02 students was done by Dr A A Muke and Dr Pai. Students have been given health advice whoever needed. The team of Bharati Vidyapeeth (deemed to be University), College of Ayurved was present for the health camp.



### Awareness lecture for students

Our expert team has arranged awareness lecture for the students of Zeela Parishda Shala, Garade on 21.03.2022.

Dr Pai from Department of Balarog has delivered a lecture to the students on 'Use of Ayurveda in developing age group'. Total 110 students, 06 teachers and 02 other staff were present for the awareness lecture.



### Yoga break Training:

Yoga demonstration and conduction for the students of Zeelha Parishad Shala, Garade, Dist-Pune was conducted by Dr. Amol Patil.

Dr Amol Patil has demonstrated the different Asana and Pranayam to the students and students followed him. Students were asked to practice Yaga in their daily life to.

