

DEPARTMENT OF SWASTHAVRITTA&YOGA

DEPARTMENTAL PROFILE:

Swasthavritta is the branch of Ayurveda that plays an important role in health promotion and prevention of diseases through a holistic approach of diet, through holistic approach of Diet, Life style modification and Achar Rasayana (Ethical practices). The department also emphasizes the practice of Yoga & Naturopathy.

The Department is well equipped with a departmental library, museum, models, visual aids of Yoga, and charts for demonstration and a separate Spacious Yoga hall for practical training for students.

Department has Swasthrakshana OPD in Hospital with practical approach towards Yoga, Nisargopachara and *PathyapathyaAhar*(Diet Consultancy).

Post Graduate course in Swasthavritta & Yoga started in 2004 and Ph.D. since 2012. Department also runs DNYS (Diploma in Naturopathy & Yogic Sciences) course since 2008-09.

Departmental Staff Photo



FACULTYPROFILE:

Name	Qualification	Designation
Dr.Mrs. Bhati Kirti R.	B.A.M.S, Diploma in SwasthavrittaPh.D.	Professor & HOD
Dr.Menon Sudeep S.	B.A.M.S,M.D.Ph.D.	AssociateProfessor
Dr. Patil Dhananjay M.	B.A.M.S,M.D.	AssociateProfessor
Dr. Mrs. Patil Anuja C.	B.A.M.S.,M.D. Ph.D.Sch	AssistantProfessor
Dr. Ganesh Avhad	B.A.M.S, M.D.	AssistantProfessor
Dr Vaishnavi Kshirsagar	B.A.M.S, M.D.	Assistant Professor
Mr. Gavali Vishal H.	B.Sc.(Stats), M.Sc.(Statistics)	AssistantProfessor (Statistician)
Dr. Patil Amol M.	M.Sc.(Yoga),Ph.D.(Yoga)	YogaTherapist

MUSEUM:

The department possesses its own museum with all required charts, models, and specimens. The composition and contents of all fruit, vegetables, cereals etc. are kept on display boards. A separate Yoga Hall with adequate space for Yogasana and all relevant charts related to Yoga are also available.

DEPARTMENTALSTRENGTH:

- a) Professionally qualified and experienced faculty.
- b) Department manages lifestyle disorders & occupational Health Hazards through Swasthyarakshan OPD.
- c) Well-equipped therapy center in the hospital related to yoga and naturopathy for the patients and demonstration for the students.
- d) Concept of Pathyapathya (Dietary do's & don'ts) plays key role in prevention & cure of diseases. Department provides diet consultancy to all the patients of Ayurved hospital.

RESEARCHACTIVITY:

- 1) Ph. D.: Completed projects-04
- 2) Ph.D.: Ongoing projects- 06
- 3) M.D.: Completed projects- 86
- 4) M.D.: Ongoing projects-15
- 5) Funded Research projects: Ongoing-01
- 6) PG Star Project for MD (2023-24): Ongoing-01
- 7) SPARK Project for 2nd BAMS (2023-24) -Completed -01
- 8) SPARK Project for 2nd BAMS (2024-25) -Ongoing-02

NumberofPublications:

Name	Publications	Projects Completed	Projects Ongoing	Books	Patents	Copyrights
Dr.Mrs. Bhati Kirti R.	48	01	04	03	01	01
Dr.Menon Sudeep S.	26					
Dr. Patil Dhananjay M.	12			01	01	
Dr. Mrs. Patil Anuja C.	08					
Dr. Ganesh Avhad	07			01		
Dr Vaishnavi Kshirsagar	01					
Dr. Patil Amol M.	03					

TESTIMOMNIALS:

Teaching staff is well experienced and co-operative. Department is spacious & well equipped in terms of museum, Yoga aids. Students get a good exposure & experience in departmental OPD & IPD.

AWARDS:

Dr. Kirti Bhati received Best Teacher in Swathavritta Award by Ayurveda Teachers Association on 18thAugust 2019.

Dr. KirtiBhati received "Suryadatta Dhanvantari National Award - 2023" for Excellence in the field of "Medicine & Social Service" as Ayurvedacharya. in National Conclave : Impact of AI & Digital Technology inMedical Science & Suryadatta Dhanvantari National Award -2023 on16thSeptember2023.

Dr. Dhananjay Patil was appreciated by NSICM as a Co coordinator for Female graduate Survey.

PHOTOGALLERY:

Departmental Infrastructure:



Yogaactivity:







केन्द्रीय आयुर्वेदीय विज्ञान अनुसंधान परिषद्
आयुष मंत्रालय, भारत सरकार
Central Council for Research in Ayurvedic Sciences
Ministry of Ayush, Govt. of India

CERTIFICATE

Studentship Program for Ayurveda Research Ken
SPARK 2023-24

This is to certify that

Panika Gujar

pursuing 2nd Year Course at Bharti Vidyapeeth (Deemed to be University), College of Ayurved, Pune, Maharashtra has accomplished her Research Project entitled, "Correlation of Overt Expression of Dharaniya Vega with Generalized Anxiety Disorder (GAD) A Holistic Perspective."

under the guidance of

*Dr. Kirti Bhati, Associate Professor,
Dept. of Swasthavritta and Yoga*

*for CCRAS Studentship Program for Ayurveda Research Ken (SPARK)
in 2023-24 batch.*

*She has been awarded the Studentship of Rs.50,000/- with Very Good Grade on
evaluation of the Final Report of the Project.*

The Council place record of its appreciation and wish all success in future endeavours.



Dr. N. Srikanth
Deputy Director General

Dr. Adarsh Kumar
Co-ordinator

Prof. Vd. R.N. Acharya
Director General



Suryadatta Education Foundation's | Suryadatta Group of Institutes (SGI), Pune, India

SURYADATTA INSTITUTE OF HEALTH SCIENCES (SIHS)
SURYADATTA COLLEGE OF PHARMACY, HEALTHCARE & RESEARCH (SCPHR)
We are proud to confer

SURYADATTA[®] DHANVANTARI[™] NATIONAL AWARD 2023

on the occasion of Suryadatta National Conclave on 16th Sept. 2023

Upon

Dr. Kirti Bhati

*For Excellence in the field of Medical Science,
Specialist as Ayurvedacharya*

In recognition of Dr. Kirti Bhati, she is Associate Professor Swasthavritta and Yoga Bharati Vidyapeeth (Deemed to be) University, College of Ayurved, Dhanakwadi Educational Campus, Pune, Maharashtra

She is having Teaching Experience (in years) P.G. Level 22, U.G. Level 24, PhD Level 05, Research Experience 22, Fields of Specialization Swasthavritta, Yoga. PhD

at the hands of Padma Vibhushan Dr. K. H. Sancheti (Chief Guest)
at Suryadatta Multi Disciplinary Integrated Campus, Pune 411021

Professor Dr Sanjay B Chordiya
Founder President & Chairman
Suryadatta Education Foundation (SEF)

Mrs Sushama S Chordiya
President - SWELA
Vice President - SEF

Dr. Avinash Bhone
Former President,
IMA, Maharashtra

KEY AFFILIATIONS & ACCREDITATIONS OF SURYADATTA GROUP OF INSTITUTES





InternationalYogaday:

