

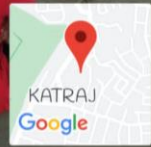
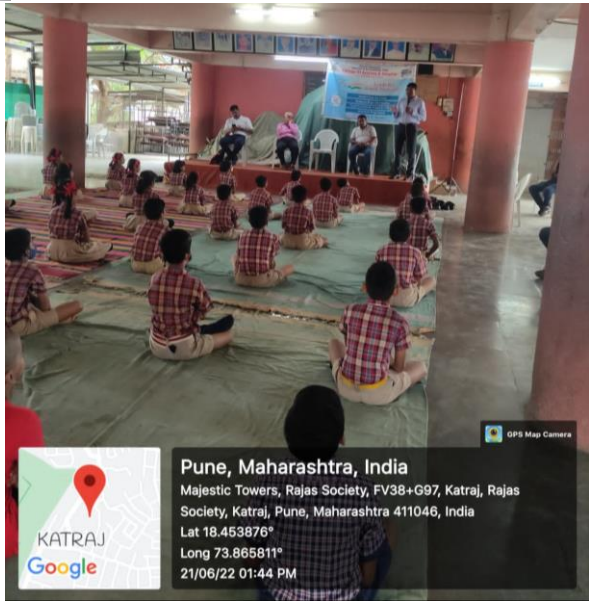
## **‘INTERNATIONAL YOGA DAY CELEBRATION’**

On the occasion of Celebration of ‘8<sup>th</sup> International Yoga Day’ Bharati Vidyapeeth Deemed to be University College of Ayurved, Pune, organised following six events ON 21 June 2022 at various places for different age groups and occupation category to create awareness about Yoga.

In which Yoga Break exercises was conducted for 60 Diploma students where Dr Amol Patil delivered the lecture and practically demonstrated the benefits of 5 minutes yoga break during work-time.

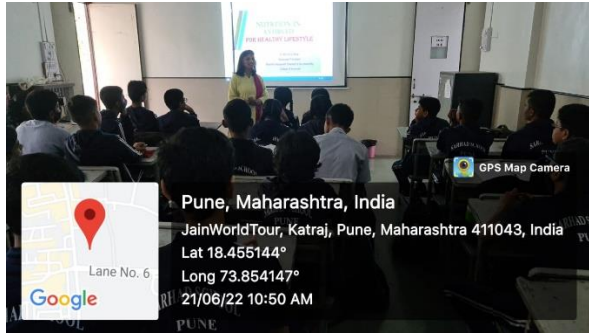
In an another event Dr. Abhinandan Muke give awareness lecture about yoga benefits in a school Lt Rambhav Mhalagi Madhyamik Vidyalaya, Katraj and 48 students get benefited.

Dr Kirti Bhati described the importance of nutrition and yoga in Sarhad School, Katraj, Pune to 54 school students. Also Dr Asmita Wele emphasizes the relation and importance of Yoga and Ayurved in Sarhad Jr College,Pune in which 68 students get benefited. In the fifth event, Dr. Lata Patil delivered a lecture in Samarth Vidyamandir Kondhwa on the topic Yoga for Daily life where 54 student participants were present. In sixth event Dr. Amol Patil taught basic pranayam to 72 students of Samarth School, Dhankawadi. Thus BV(DU) College of Ayurveda, Pune utilized the opportunity of International Yoga Day to promote benefit of Yoga in school going children.



Pune, Maharashtra, India  
Majestic Towers, Rajas Society, FV38+G97, Katraj, Rajas  
Society, Katraj, Pune, Maharashtra 411046, India  
Lat 18.453876°  
Long 73.865811°  
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**Bharati Hospital** Pune, Maharashtra, India  
Bharati Vidyapeeth College of Nursing, Dhankawadi, Pune, Maharashtra  
411043, India  
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