

Bharati Vidyapeeth (Deemed to be)University,College of Ayurveda ,Pune -43

OCTOBER HEALTH CAMP

‘Ayurved Janajagruti Abhiyan’ is a campaign that is being carried out to increase awareness about Ayurved amongst the masses in order to achieve a healthier lifestyle through various Ayurvedic practices. Under this campaign Bharati Vidyapeeth College of Ayurved has been carrying out different health camps, health talks along with other activities in and around Pune.

A health talk was conducted by BVDUCOA, Pune on **3rd October, 2023** under the program ‘Ayurved Janajagruti Abhiyan’. This health talk was carried out for the budding youths at Torana Vidyalay in Velhe. Dr. Anuja Patil educated the students about ‘The importance of personal hygiene, nutrition and adolescence’. Around 50 students were present for the health talk. The students gave a wonderful response and definitely became more conscious regarding these important subjects.



The next health camp of the month was conducted at Dhayari on **8th October 2023** under this campaign. The health camp was conducted under the guidance of Dr. Ravindra Patwardhan along with Dr. Ashwini Jadhav and Dr. Shruti Bagewadikar. Around 58 villagers were provided with free check-ups. PG students, interns and support staff from different departments took part in the health camp as well.



On **12th October 2023**, a series of lectures was carried out in Bharati Vidyapeeth College of Ayurved under this campaign. Nodal officer, Dr. Rahul Gajare opened the program with an introduction about the event. Dr. Namrata Tambe addressed the students regarding ‘GarbhiniParicharya’ (Regimen for the pregnant woman) and Dr. Durga Satav addressed the students regarding Madhumeha and Sthaulya (~Diabetes and Obesity). Approximately 100 students were in attendance for the lectures.



One more health camp was conducted by Bharati Vidyapeeth College of Ayurved at Rahatwade village on **12th October 2023**. A health talk was given by Dr. Santosh Mulik regarding the ‘Eye check up’ and gudagat vicar pratibandha vyakhyan (~Anorectal diseases). Around 147 villagers were in attendance where people were provided with free consultation and check ups as well.



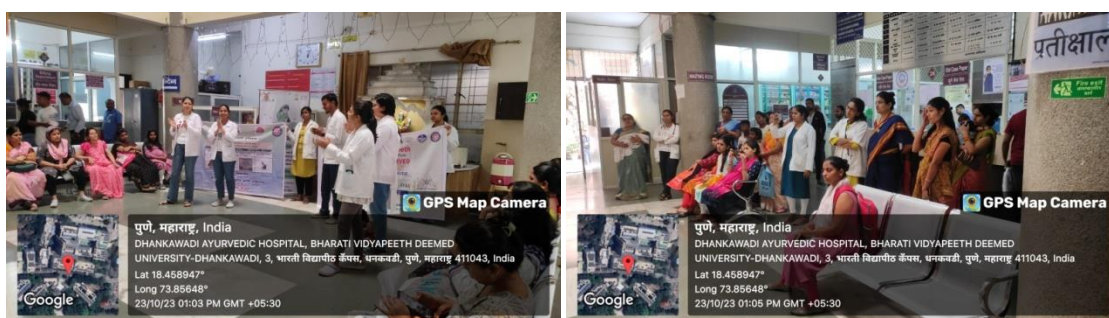
A school check up camp along with a series of health talks was conducted on **16th October 2023**, by BVDUCOA at Gultekadi under the ongoing campaign. Dr. Rahul Gajare opened the event with an introduction followed by a lecture by Dr. Anuja Patil on Dinacharya (Daily Regimen). Later Dr. Lata Patil gave a lecture on Personal hygiene followed by Dr. Bharat Rokade who spoke about Gudagat Vikar (~Anorectal Diseases). A successful health camp was also carried out at Gultekadi where general checkups, eye checkups as well as blood checkups were carried out for the students, all free of cost.



Dr. Namrata Tambe conducted a health talk on the topic of Dinacharya (Daily Regimen) at Warje on **22nd October 2023**. The women in attendance were very welcoming and interested to learn more about what Ayurveda has to offer regarding prenatal care. Approximately 20 women were in attendance for the health talk.



On **23rd October 2023**, a street play was carried out on the topic of Garbhini Paricharya at Bharati Vidyapeeth Hospital of Ayurved by the PG students of Stree evum Prasuti Tantra Vibhag. The audience seemed intrigued and interacted with the students as well as the professors regarding the play. This activity was conducted under the guidance of Dr. Shubhangi Katkar, Director BVAH, Dr. Swati Mohite, HOD of Prasuti Tantra evum Stree Vibhag and Dr. Namrata Tambe.



On **27th October 2023**, Bharati Vidyapeeth College of Ayurved organized a special awareness workshop for the anganwadi sevika at Ambegaon, Pune. The workshop was carried under the guidance of Dr. Namrata Tambe, where she educated the sevika about Garbhini Paricharya (Regimen for the pregnant woman) so that they could in turn pass on the knowledge. Around 58 anganwadi sevika were present. It was a fruitful interactive session which definitely helped create more awareness about Ayurveda and its daily practices amongst the anganwadisevika.



Nodal Officer, Dr. Rahul Gajare conducted a health talk at Bhilarewadi on the occasion of Kojagiri Pournima on **28th October 2023** on the topic Madhumeha and Sthaulya (~Diabetes and Obesity).



Dr. Rahul Gajare conducted one more health talk on **28th October 2023** at Sukhsagar Nagar for the Janaseva Foundation on the topic Gudagat Vikar (~Anorectal diseases). Both sessions were informative and educative.



The next health camp was conducted at Dhayari on **30th October 2023**, under the guidance of Dr. Sanjay Dhurve and Dr. Shruti Bagewadikar. Dr. Dhurve addressed the masses on the subject of Gudagat Vikar (~Anorectal diseases) as well. PG students, interns and support staff from BVDUCOA also contributed to the health camp enthusiastically.



On **30th October 2023**, Bharati Vidyapeeth College of Ayurved conducted a Street Play activity in front of Bharati Vidyapeeth Dental College, Pune. The topics that were presented in the Street Play were Dincharya And Ritucharya. For this program, Dr. Ravindra Patvardhan (HOD Swasthwritta Department), Dr.Durga Satav From Kayachikitsa Department were present. This program was organised under the guidance of Respected Principal Dr.Abhijit Patil, Vice Principal Dr. Rahul Kadam and Dr. Manasi Deshpande, Nodal Officer Dr Rahul Gajare.



On **30th October 2023**, Bharati Vidyapeeth College of Ayurved conducted a Street Play activity in front of the College of Hotel Management, Bharati Vidyapeeth, Pune. The topic that was presented in the street play was Gudagat Vikar. This play was performed by the 1st year students.



On **30th October 2023**, Bharati Vidyapeeth College of Ayurved conducted a Street Play at the Backgate Of Bharati Vidyapeeth Pune. The topics that were presented in the street play were Madhumeha and Importance of Ahar. For this program Dr. Ravindra Patvardhan (HOD Swasthwritta Department), Dr.Durga Satav From Kayachikitsa Department were present. This program was organised under the guidance of Respected Principal Dr. Abhijit Patil, Vice Principal Dr. Rahul Kadam and Dr. Manasi Deshpande, Nodal Officer Dr Rahul Gajare.

