

## Bharati Vidyapeeth (Deemed to be University) College of Ayurved & Hospital, Pune. Department of Prasutitantra evam Strirog

REPORT OF THE CONFERENCE

### Summary of SHUSHRUTEE 2024 Conference on Infertility

**Conference Title**: SHUSHRUTEE 2024 "THE WOMB AND WOUND SAGA ON INFERTILITY"

#### **Organized by**:

- NIMA OBGY Society Maharashtra
- In association with MAM's Sumatibhai Shah Ayurved Maha Vidyalay Pune
- Bharati Vidyapeeth (Deemed to be University) College of Ayurved Pune

Dates: 3rd to 5th May 2024

Theme: The Womb and Wound Saga on Infertility



Participants: 900 attendees

## <u>Day 1 – 3rd May 2024</u>

**PG Workshop**: The day focused on hands-on training and scientific sessions tailored for postgraduate students (PGs) and faculty. The workshop was organized into four sessions, each lasting two hours.

#### **Sessions Breakdown:**

- 1. First Session:
  - **Pelvitrainer Hands-on Training**: Participants engaged in practical training using a pelvitrainer, a device designed to simulate pelvic surgery, enhancing their surgical skills and dexterity.

#### 2. Second Session:

• **Microscopic Pathological Demonstration on Semen Analysis**: This session provided detailed microscopic demonstrations and analysis of semen, essential for understanding male infertility issues.

#### 3. Third Session:

- **Sthanik Chikitsa Demonstration**: This session focused on localized treatments (Sthanik Chikitsa) within Ayurvedic practice, demonstrating various techniques such as:
  - **Female Uttarbasti**: A therapeutic enema specifically for gynecological conditions.
  - **Male Uttarbasti**: Similar to female uttarbasti but tailored for male reproductive health.
  - Kshar Karma: Application of medicinal alkaline paste for treating various conditions.
  - **Pichu**: A technique involving the placement of medicated cloth or cotton swabs in specific body parts.
  - **Dhavan**: Medicinal cleansing procedures.
  - **Dhupan**: Therapeutic fumigation using medicinal smoke.
- 4. Fourth Session:
- Scientific Session: In this session, scientific papers on infertility were presented. Researchers and practitioners shared their findings, discussed new developments, and explored various aspects of infertility treatment and management.







## Day 2- 4th May 2024

On this day live demonstration of infertility, conserving surgeries, Inaugural and cultural event was arranged.

1) In live demonstration of surgeries: -

- I. Diagnostic laparoscopy
- II. Myomectomy
- III. Endometriosis
- IV. Colposcopy
- V. Tuboplasty

Surgeries were done by Dr. Daithankar, Dr. Sujit shinde , Dr. Garudkar , Dr. Hirave , Dr. Priyanka Nakade

2) Recorded Video session for budding Gynecologist done

On the same day inaugural function was arranged at Swojas Palace, Manjari 11 am to 1 pm . Inauguration of conference done by Dhanvantari Pujan by NIMA OBGY and secretary Dr. A kulkarni , Dr. M Ghorpade, Dr. S. Herlekar , Dr. S.F. Patil .

3) The cultural event held on Evening of May 4th, 2024, was a celebration of talent, creativity, and cultural heritage. Through the fashion show, Duet & group dance competition, participants perform vibrant dance forms, fostering a sense of pride and unity among attendees. The Bharati Vidyapeeth College of Ayurved, Pune, aechive 2<sup>nd</sup> prize in Fashion show (Fabrics of India) & Group dance competition.

Overall, the event was a testament to the power of culture to inspire, unite, and celebrate diversity, enriching the lives of all who participated and attended.

## Day 3 - 5th May 2024



#### **Guest Lectures and Valedictory Ceremony:**

#### 1. Guest Lectures:

Applications of Hysteroscopy in Management of Infertility: Dr. Normangomez, Pelvic Surgeon, Valencia, Spain.

#### **Ovulation Induction Ayurvedic Protocols:**

Dr. Neeta Mahesekar, Director, NEIAH-Shillong.

#### **Ovulation Induction Modern Aspects:**

Dr. Sumedha Dalavi, Consultant OBGY and IVF Specialist.

# Adenomyosis and Endometriosis: Managing with Reproductive Outcomes with Integrated Approach:

Dr. H.S. Palep, OBGY and Founder of Palep's Medical Research Foundation.

#### Infertility and Cancer: WHO's WHO?:

Dr. Bhushan Balghat, Consultant Oncosurgeon, Sahyadri Hospital, Pune.

#### **Approach Towards Male Infertility:**

Dr. Tushar Panchanadikar, Professor and HOD, Bharati Medical College Pune.

#### **Clinical Success Stories with Ayurvedic Infertility Management:**

Dr. Gayatri Bhatt, HOD, SDM College Hassan, Karnataka.

#### Medicolegal Issues in OBGY Practices:

Panel Discussion.

#### 2. <u>Valedictory and Prize Distribution:</u>

• The conference concluded with a valedictory session and prize distribution ceremony, acknowledging the contributions and achievements of participants and organizers.



## **Conference Highlights:**

- **Multidisciplinary Approach**: The conference brought together diverse methodologies and practices from modern gynecology and Ayurvedic medicine.
- **Interactive Learning**: Emphasis on hands-on training, practical demonstrations, live surgeries, and expert lectures ensured that participants gained valuable, applicable skills.
- **Collaboration and Networking**: With 900 participants, the event provided ample opportunities for networking, collaboration, and knowledge exchange among professionals from various fields.
- **Cultural Enrichment**: The cultural events underscored the importance of creativity and heritage, adding a dynamic and engaging dimension to the conference.

The SHUSHRUTEE 2024 conference was a comprehensive platform for advancing the understanding and treatment of infertility, combining contemporary medical practices with traditional Ayurvedic therapies and celebrating cultural diversity.



