

**Bharati Vidyapeeth (Deemed to be University)
College of Ayurved, Pune-411043**

**‘SHODHAPRERANA 2026’ inspires first-year PG
scholars at BVDU College of Ayurved, Pune**

Bharati Vidyapeeth (Deemed to be University) College of Ayurved, Pune, successfully organized *Shodhaprerana (शोधप्रेरणा) 2026*, a three-day synopsis writing workshop for first-year postgraduate M.D./M.S. scholars of Semester II. The workshop was designed to strengthen scientific inquiry, research planning, and evidence-based Ayurveda through focused academic sessions on synopsis writing, literature search, research methodology, statistics, ethics, and reference management.

The workshop opened with an inaugural session presided over by Dr. A.C. Mishra, Head of IRSHA, and Dr. Shailesh Deshpande, Principal, BVDU College of Ayurved, Pune, who encouraged scholars to pursue research with intellectual curiosity and scientific responsibility. Dr. Manasi Deshpande explained the essential framework of synopsis writing, while Dr. Supriya Bhalerao introduced the concept of identifying research gaps through her engaging “tree search in a forest” analogy. Dr. Akshar Kulkarni enriched the participants with insights into literary research and evidence-based exploration, and a live demonstration of PubMed, Scopus, and Web of Science helped scholars develop practical skills in systematic literature search. The day concluded with Dr. Yogini Kulkarni’s interactive session on hypothesis formulation.

The second day focused on the applied dimensions of research. Dr. Sathiyararayana discussed the journey of drug research and modern approaches such as molecular docking, Mr. Vishal Gawali demonstrated sample size calculation through statistical software, and Dr. Vinay Pawar highlighted the conversion of classical Ayurvedic concepts into researchable ideas and manuscript-oriented study designs. Dr. Arulmozi S. concluded the day with a sensitizing session on the ethical dimensions of animal research, emphasizing regulatory guidelines, species selection, and experimental responsibility.

The final day featured practical training in reference management, questionnaire development, and human ethical considerations. Dr. Girish Tillu and Dr. Sanchita Sangle introduced Mendeley and shared valuable guidance on dissertation writing, while Dr. Babita

Radhakrishnan explained the principles of designing scientifically valid questionnaires. The workshop concluded with Dr. Shailesh V. Deshpande's session on human ethical considerations, covering informed consent, patient safety, and integrity in research. *Shodhaprerana 2026* successfully bridged theoretical learning with practical research application and reaffirmed the college's commitment to fostering a vibrant, ethically grounded research culture in Ayurveda.





